

BRITISH WEIGHT LIFTING
ENGLISH WEIGHTLIFTING CHAMPIONSHIPS 2013
 Lilleshall National Sports Centre, Newport.
 Saturday 16 February 2013

PLACE	LOT N.	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR DDMMYY	ANNOUNCED TOTAL	BODYWEIGHT CATEGORY, kg	BODY WEIGHT kg	SNATCH kg			JERK kg			BEST RESULT		TOTAL kg	SINCLAIR
									1	2	3	1	2	3	SNATCH kg	JERK kg		
48 KILO CLASS																		
1	1	Nicola	Hobbs	Brunel	25.06.90	48	82	44.80	40	42	44	53	x56	x56	44	53	97	169.2
2	2	Anastasia	Michaelas	Team Manchester	09.01.97	48	90	39.90	35	x38	x38	45	x48	--	35	45	80	156.3
53 KILO CLASS																		
1	6	Jo	Calvino	Crystal Palace	18.08.80	53	153	52.70	61	63	65	81	85	87	65	87	152	230.3
2	8	Amy	Foy	Oldbury	26.11.95	53	120	53.00	53	x56	56	68	71	x75	56	71	127	191.6
3	5	Emma	Wakrim	Sutton&Epsom	14.12.92	53	110	53.00	x50	x51	51	x65	65	68	51	68	119	179.5
4	7	Noorin	Gulam	Stars of the future	06.09.95	53	107	52.15	48	x51	x52	60	x68	x68	48	60	108	165.1
5	4	Shireen	Amir	Gateshead	29.01.92	53	94	51.70	37	40	42	50	x53	53	42	53	95	146.2
	3	Joanne	McManus	Crossfit Manchester	16.03.66	53	117	52.90	---			---			0	0	0	0.0
56 KILO CLASS																		
1	1	Louis	Hampton-Jor	Stars for the Future	17.03.96	56	157	55.40	70	75	80	85	90	95	80	95	175	275.46
62 KILO CLASS																		
1	5	Jaswant	Shergill	Oldbury	14.01.93	62	202	61.3	95	100	102	125	128	x131	102	128	230	335.36
2	4	Christos	Michaelas	Team Manchester	16.02.93	62	225	61.7	100	x104	x104	x125	125	x131	100	125	225	326.54
3	2	Nicholas	Muhanza	Crossfit Manchester	31.12.86	62	200	61.7	90	95	x98	120	x125	x125	95	120	215	312.02
4	3	Namuttulah	Ahmadi	Stars for the Future	01.04.95	62	175	60.70	80	x85	x87	100	x105	107	80	107	187	274.61
69 KILO CLASS																		
1	10	Mehmed	Fikretov	Wood Green	18.11.86	69	273	68.7	113	118	120	145	150	155	120	155	275	370.98
2	8	Christopher	Freebury	Derby	22.05.89	69	258	68.1	110	115	118	130	137	x142	118	137	255	345.96
3	6	Robert	Green	St Birinus	20.05.92	69	215	67.5	87	x91	91	120	125	x127	91	125	216	294.74
3	9	David	Oakes	Team Manchester	13.05.89	69	210	67.1	x93	93	x100	112	118	x123	93	118	211	289.04
4	11	Robert	Davies	Team Manchester	23.04.83	69	200	63.1	80	85	x88	110	x115	x118	85	110	195	278.53
5	7	Nilesh	Morar	Team Manchester	03.09.92	69	190	68.5	80	86	91	100	x106	x106	91	100	191	258.15

		58 KILO CLASS																	
1	2	Samantha	Briggs	Train Manchester	14.03.82	63	150	57.50	x60	x63	63	80	x85	x88	63	80	143	202.6	
2	7	Shila	Panjavi	Stars of the future	14.05.91	58	134	56.63	57	60	x61	76	x80	x80	60	76	136	194.9	
3	6	Kim	Pham	Cardinal Pole	20.01.94	58	138	58.00	54	57	x59	x73	73	x75	57	73	130	183.0	
4	5	Poi	Fakcha	Stars of the future	08.01.96	58	118	56.30	55	60	x62	x67	67	x71	60	67	127	182.8	
5	3	Michelle	Davies	Crossfit Manchester	13.05.80	58	107	56.35	42	44	46	x60	60	x62	46	60	106	152.5	
6	4	Lucy	Rayner	Bournemouth	06.11.97	58	89	55.25	39	42	45	53	x57	59	45	59	104	151.8	
7	1	Jennifer	Wilson	Woking	09.01.86	58	92	57.95	35	x37	38	53	x58	x58	38	53	91	128.2	
		77 KILO CLASS																	
1	4	Halil	Zorba	Crystal Palace	22.09.88	77	290	76.00	122	x126	x126	165	x170	x170	122	165	287	364.12	
2	9	Adam	Mattiussi	St Marys	23.06.91	77	269	76.40	115	120	x125	x140	140	150	120	150	270	341.52	
3	1	Ivan	Mihai	Kettle Bell Training	27.05.91	77	239	75.80	x100	x103	105	133	x141	x141	105	133	238	302.41	
4	3	Robert	Gordon-Smit	Crystal Palace	07.07.88	77	231	75.90	105	110	113	120	x125	125	113	125	238	302.18	
5	5	Liem	Bui-le	Crystal Palace	18.09.93	77	231	74.60	100	104	106	x128	x128	128	106	128	234	300.09	
6	6	Lewis	Ridett	Brunel	17.06.93	77	223	76.20	98	103	x106	x127	127	x131	103	127	230	291.36	
7	10	Edward	Chambers	St Birinus	03.12.91	77	210	75.00	95	100	x103	115	120	125	100	125	225	287.65	
8	11	Joshua	Cox	St Birinus	29.01.94	77	229	73.70	93	97	x100	115	x120	120	97	120	217	280.29	
9	2	Chris	Chea	Woking	28.03.85	77	225	72.80	85	90	95	110	115	-	95	115	210	273.25	
10	8	Kristian	McPhee	Brunel	08.06.91	77	214	74.70	90	x94	x94	115	120	x125	90	120	210	269.10	
11	7	Chi	Chea	Woking	15.04.95	77	215	73.30	x90	90	x97	115	x120	x120	90	115	205	265.65	
	12	Andy	Coupe	Unattached	03.12.85	77	205	76.80	-	-	-	-	-	-	0	0	0	0.00	
		63 KILO CLASS																	
1	3	Emily	Godley	Crystal Palace	22.10.89	63	185	62.55	82	x85	x85	102	106	108	82	108	190	253.7	
2	1	Sarah	Davies	Leeds Met	19.08.92	63	115	62.75	70	74	x76	x88	88	x91	74	88	162	215.9	
3	4	Sam	Balchin	Sutton&Epsom	10.02.85	63	122	62.20	52	55	60	x65	65	68	60	68	128	171.6	
4	2	Ellie	Blenkinsop	Empire	06.10.83	63	90	63.00	x36	36	38	53	x55	55	38	55	93	123.6	
	5	Sally	Moss	Bethnal Green	03.04.75	63	127	62.85	53	x57	x58	x68	x68	x68	53	0	0	0.0	
		69 KILO CLASS																	
1	7	Evelyn	Stevenson	Sutton&Epsom	12.01.1987	69	144	67.30	60	63	x67	80	85	x90	63	85	148	188.5	
2	6	Ellie	Needham	Empire	05.03.94	69	100	67.20	40	42	x44	50	53	55	42	55	97	123.7	
		85 KILO CLASS																	
1	1	Bradley	Burrowes	Empire	18.03.79	85	280	84.6	128	132	x138	153	x157	x157	132	153	285	341.39	
2	4	Cathal	Byrd	Unattached	15.08.86	85	275	84.1	120	125	x126	155	x160	x160	125	155	280	336.39	
3	6	Andy	Hill	Unattached	01.03.86	85	255	82.6	100	x105	x105	140	150	-	100	150	250	303.12	
4	3	Ayham	Tumbar	Wood Green	16.09.88	85	255	82.8	x100	105	x110	130	136	x140	105	136	241	291.84	
5	5	Charlie	Stone	Bethnal Green	05.05.86	85	227	83.9	x100	105	108	127	x133	x137	108	127	235	282.67	
6	2	Callum	Mulhern	Warley	21.12.89	85	227	82.8	90	95	x100	x125	130	x135	95	130	225	272.47	

94 KILO CLASS																		
1	10	Sonny	Webster	Empire	26.03.94	94	300	93.5	128	133	x136	157	165	x171	133	165	298	340.75
2	7	Edward	Hopper	Crossfit Manchester	26.04.86	94	255	92.9	115	x120	x120	140	x145	145	115	145	260	298.13
3	8	Koing	Chea	Woking	27.12.83	94	286	92.1	x115	x115	115	138	x145	x145	115	138	253	291.20
4	9	Greg	Stumbles	Bournemouth	13.09.91	94	237	91.1	105	108	x111	135	141	x147	108	141	249	287.99
	11	Kevin	Webb	Brunel	15.06.80	94	260	93.4	x117	x117	x120	-	-	-	0	0	0	0.00
75 KILO CLASS																		
1	1	Janine	Murphy	Bournemouth	30.11.72	75	131	75	47	50	x55	65	70	77	50	77	127	152.1
2	2	Shasha	Bowers	Bournemouth	26.03.85	75	100	72.2	39	42	x45	56	59	x62	42	59	101	123.5
75+ KILO CLASS																		
1	3	Mercy	Brown	Cardinal Pole	20.06.96	75+	142	78.00	69	72	x76	90	x94	94	72	94	166	194.8
2	4	Felicity	Smith	Bournemouth	24.02.84	75+	125	105	46	50	54	65	x70	x71	54	65	119	124.5
105 KILO CLASS																		
1	1	Nick	Lumley	Empire	10.07.86	105	255	101	118	x122	122	x135	135	x153	122	135	257	284.44
	2	Damon	Sarmardi	Brunel	27.08.89	105	270	98.2	x118	x118	x118	-	-	-	0	0	0	0.00
105+ KILO CLASS																		
1	3	John	Hanna	Warley	06.08.83	105+	290	122	140	x145	x145	x170	x170	173	140	173	313	327.09
2	4	Andrew	Ruegg	Brunel	02.06.86	105+	285	124	135	140	x143	165	x170	171	140	171	311	323.98

Referees

- Mel Bart, Heather Allis
- Chris Baker, Eddie Halstead, Ian Oswald
- Mel Barton, Moira Larsen, Heather Allison
- Jo Calvino, Heather Allison, Moira Larsen
- Ian Oswald, Moira Lassen, Heather Allison
- Moira Larsen, Heather Allison, Bill Barton
- Mel Barton, Heather Allison, Moira Lassen
- Mel Bartonn, Shaun Taylor, Chris Baker

Championships Secretary
Championships Director

Time Keeper

- Chris Baker
Mel Barton
Chris Baker
Mel Barton
Mel Barton
Chris Baker
Chris Baker
Chris Baker

Shaun Taylor
Steve Cannon

Speaker

- Ian Oswald
Bill Barton
Ian Oswald
Bill Barton
Bill Barton
Ian Oswald
Ian Oswald
Bill Barton

Recorder

- Stuart Treadwell
Stuart Treadwell
Stuart Treadwell
Stuart Treadwell
Stuart Treadwell
Stuart Treadwell
Stuart Treadwell
Stuart Treadwell

Marshall

- Eddie Halstead
Heather Allison
Eddie Halstead
Eddie Halstead
Eddie Halstead
Eddie Halstead
Eddie Halstead
Eddie Halstead

- Jake Helliwell, Philpa
Keith Morgan, Phil Nourse
Amy Foy, Allen Court
Lucy Rayner, Nam Ahmadi, Steve Fisher
Lucy Rayner, Paul Furness
Emily Godley, Lucy Rayner, Jo Calvino
Lucy Rayner
Lawrence Stokes, Mark Roberts

BEST TEAM AWARD

	Total	Number of Lifters
Empire	44	5
Crystal Palace	41	5
Bournemouth	36	5
Stars for the Future	36	5
Team Manchester	0	5
Sutton & Epsom	24	3
Brunel	0	6

Crossfit Manchester	0	4
Oldbury	18	2
Cardinal Pole	17	2
Wood Green	16	2
Warley	14	2
St Birnius	12	3
Woking	11	4
Train Manchester	10	1
Derby	8	1
Leeds Met	8	1
KBT	7	1
Bethnal Green	5	2