



Suomen
Painonnostoliitto

"Nostat joka päivä. Nosta oikein."

Finland U20 & U23 Championships

15.08.2015 – Helsinki

Junior U20

Women

48 kg

1. Kirsi-Marja Mukkala RoRe (-99/45,46) 104 kg (47+57) 179,018 p.
2. Janina Hirvonen LoLif (-97/47,37) 96 kg (42+54) 159,212 p.
3. Anni Toivonen NuVo (-01/42,58) 81 kg (35+46) 148,329 p.
4. Anni Nurmimäki AU (-00/41,27) 76 kg (33+43) 143,515 p.

53 kg

1. Amanda Tuomola MeVo (-95/52,27) 120 kg (51+69) 183,048 p.
2. Siri Sytelä AU (-00/49,13) 118 kg (54+64) 189,558 p.
3. Johanna Tammela TP (-96/52,39) 118 kg (53+65) 179,663 p.
4. Jenna Koski RK (-99/52,83) 108 kg (48+60) 163,332 p.

58 kg

1. Pihla Säynäjäkangas TP (-96/57,59) 124 kg (55+69) 175,487 p.
2. Linda Salo NuVo (-96/57,86) 120 kg (52+68) 169,244 p.

63 kg

1. Suvi Talasterä PuKa (-99/58,96) 145 kg (65+80) **201,731 p.**
2. Piia Koski KPK (-96/60,39) 137 kg (62+75) 187,394 p.
3. Fanni Niemelä KJ (-97/60,07) 122 kg (56+66) 167,499 p.
4. Terhi Hänninen TP (-95/62,98) 120 kg (52+68) 159,504 p.

69 kg

1. Marielle Agbejule PPK (-95/65,56) 146 kg (65+81) 189,061 p.
2. Taru Turkia KaVo (-95/68,63) 146 kg (65+81) 183,799 p.
3. Kira Selvenius OAK (96/68,67) 122 kg (54+68) 153,532 p.

75 kg

1. Tiia Lönnholtz OAK (-95/73,71) 144 kg (64+80) 174,035 p.
2. Julia Keränen HPV (-96/74,37) 139 kg (63+76) 167,186 p.

+75 kg

1. Annina Nisander PuKa (-98/76,86) 126 kg (57+69) 148,959 p.
2. Rebekka Roukala RK (-96/87,50) 120 kg (55+65) 133,647 p.

Men

56 kg

1. Mikael Helin NuVo (-00/54,00) 130 kg (55+75) 208,860 p.

62 kg

1. Erkka Ollonen OAK (-95/61,74) 199 kg (87+112) 288,668 p.
2. Joonas Kankaanpää PuKa (-97/59,13) 190 kg (85+105) 284,459 p
3. Miro Sytelä AU (-98/60,66) 114 kg (77+37) 167,490 p.

69 kg

1. Jasper Kosonen PuKa (-98/68,00) 210 kg (93+117) 285,176 p.
2. Akseli Vainio TAK (-96/63,74) 182 kg (82+100) 258,137 p.
3. Pepe Raappana RoRe (-99/67,73) 156 kg (71+85) 212,395 p.
Mikael Kouhia PaPu (-95/68,90) - (+0)
Alexander Sippoin Herakles (-98/63,35) DNS

77 kg

1. Tatu Sokka RoRe (-96/76,52) 238 kg (105+133) 300,777 p.
2. Rene Roukala RK (-98/76,09) 203 kg (85+118) 257,371 p.
3. Antti Peltokangas VaKi (-95/76,97) 203 kg (87+116) 255,695 p.
4. Konsta Parkkali TAK (-99/72,48) 184 kg (87+97) 240,058 p.
5. Oliver Svartberg TAK (-99/71,39) 157 kg (67+90) 206,737 p.
Jaakko Lähteenmäki MeVo (-96/73,94) - (110--)

85 kg

1. Ilkka Kallioniemi AU (-95/83,52) 235 kg (105+130) 283,320 p.
2. Jere Mäntylä KJ (-96/84,80) 231 kg (105+126) 276,376 p.
3. Veli-Pekka Saxen TP (-95/80,06) 222 kg (95+127) 273,631 p.
4. Aapo Ylä-Autio SeSi (-96/82,82) 221 kg (96+125) 267,590 p.
5. Kasper Rydman PuKa (-99/83,18) 217 kg (91+126) 262,163 p.
6. Samu Karjalainen KJ (-96/84,32) 213 kg (93+120) 255,564 p.
7. Jere Suomi TAK (-95/79,31) 194 kg (87+107) 240,338 p.
Joonatan Kaikkonen PaPu (-95/84,46) DNS

94 kg

1. Jani Lindberg Atomi (-95/93,19) 269 kg (118+151) 308,029 p.
2. Mika Mäntylä VaKi (-95/93,63) 247 kg (114+133) 282,263 p.

105 kg

1. Hannes Keskitalo OAK (-96/98,38) 287 kg (120+167) **321,354 p.**

+105 kg

1. Mikko Manni LoLif (-97/109,12) 249 kg (114+135) 268,618 p.
2. Juuso Tuulinen PuKa (-95/110,65) 230 kg (100+130) 247,023 p.

U23

Women

48 kg

1. Kirsi-Marja Mukkala RoRe (-99/45,46) 104 kg (47+57) 179,018 p.
2. Janina Hirvonen LoLif (-97/47,37) 96 kg (42+54) 159,212 p.

53 kg

1. Amanda Tuomola MeVo (-95/52,27) 120 kg (51+69) 183,048 p.
2. Siri Sytelä AU (-00/49,13) 118 kg (54+64) 189,558 p.
3. Johanna Tammela TP (-96/52,39) 118 kg (53+65) 179,663 p.
4. Jenna Koski RK (-99/52,83) 108 kg (48+60) 163,332 p.

58 kg

1. Iida Kalmari AU (-94/57,23) 131 kg (58+73) 186,254 p.
2. Pihla Säynäjäkangas TP (-96/57,59) 124 kg (55+69) 175,487 p.
3. Linda Salo NuVo (-96/57,86) 120 kg (52+68) 169,244 p.
Saara Leskinen KelVi (-93/57,63) - (73+-)

63 kg

1. Suvi Talasterä PuKa (-99/58,96) 145 kg (65+80) 201,731 p.
2. Piia Koski KPK (-96/60,39) 137 kg (62+75) 187,394 p.
3. Marika Hasunen TAK (-93/62,24) 134 kg (58+76) 179,530 p.
4. Fanni Niemelä KJ (-97/60,07) 122 kg (56+66) 167,499 p.
5. Isa Lindholm LoLif (-94/61,35) 120 kg (50+70) 162,357 p.
6. Terhi Hänninen TP (-95/62,98) 120 kg (52+68) 159,504 p.

69 kg

1. Marielle Agbejule PPK (-95/65,56) 146 kg (65+81) 189,061 p.
2. Taru Turkia KaVo (-95/68,63) 146 kg (65+81) 183,799 p.
3. Vilma Hallikainen KelVi (-93/66,56) 130 kg (56+74) 166,747 p.
4. Kira Selvenius OAK (96/68,67) 122 kg (54+68) 153,532 p.
5. Jemina Härkälä Herakles (-92/65,93) 120 kg (54+66) 154,841 p.

75 kg

1. Marianne Saarhelo Herakles (-94/71,72) 192 kg (87+105) **235,592 p.**
2. Tiia Lönnholtz OAK (-95/73,71) 144 kg (64+80) 174,035 p.
3. Julia Keränen HPV (-96/74,37) 139 kg (63+76) 167,186 p.
Erica Riento TP (-94/73,05) -

+75 kg

1. Anni Rastas TP (-94/89,36) 170 kg (73+97) 187,741 p.
2. Elina Nykänen TAK (-92/77,65) 145 kg (61+84) 170,534 p.
3. Annina Nisander PuKa (-98/76,86) 126 kg (57+69) 148,959 p.
4. Rebekka Roukala RK (-96/87,50) 120 kg (55+65) 133,647 p.

Others women

58 kg

Pauliina Utoslahti TP (-89/53,40) - (73+-)

Men

56 kg

1. Mikael Helin NuVo (-00/54,00) 130 kg (55+75) 208,860 p.

62 kg

1. Erkkka Ollonen OAK (-95/61,74) 199 kg (87+112) 288,668 p.
2. Joonas Kankaanpää PuKa (-97/59,13) 190 kg (85+105) 284,459 p.
3. Ilkka Ala-Luopa MeVo (-93/61,80) 176 kg (75+101) 255,127 p.
4. Miro Sytelä AU (-98/60,66) 114 kg (77+37) 167,490 p.

69 kg

1. Henri Kaikkonen PaPu (-93/68,24) **262 kg M23SE** (112+**150 M23SE**) 354,979 p.
2. Akseli Lintulaakso TP (-92/68,89) 232 kg (100+132) 312,419 p.
3. Jasper Kosonen PuKa (-98/68,00) 210 kg (93+117) 285,176 p.

4. Akseli Vainio TAK (-96/63,74) 182 kg (82+100) 258,137 p.
Mikael Kouhia PaPu (-95/68,90) - (+0)

77 kg

1. Klaus Eloranta TAK (-93/76,73) 255 kg (112+143) 321,761 p.
2. Matias Mukkala RoRe (-92/72,05) 243 kg (107+136) 318,182 p.
3. Timo Sihvo TP (-93/75,15) 243 kg (107+136) 310,301 p.
4. Tatu Sokka RoRe (-96/76,52) 238 kg (105+133) 300,777 p.
5. Rene Roukala RK (-98/76,09) 203 kg (85+118) 257,371 p.
6. Antti Peltokangas VaKi (-95/76,97) 203 kg (87+116) 255,695 p.
7. Erno Lalli TAK (-92/75,64) 196 kg (85+111) 249,344 p.
Jaakko Lähteenmäki MeVo (-96/73,94) - (110--)

85 kg

1. Kristian Laapotti TP (-92/84,01) 251 kg (111+140) 301,716 p.
2. Kalle Koskimäki TAK (-92/84,62) 244 kg (105+139) 292,239 p.
3. Samuli Rantanen TAK (-92/82,68) 238 kg (112+126) 288,424 p.
4. Ilkka Kallioniemi AU (-95/83,52) 235 kg (105+130) 283,320 p.
5. Peter Sundberg NuVo (-92/84,03) 233 kg (103+130) 280,045 p.
6. Jere Mäntylä KJ (-96/84,80) 231 kg (105+126) 276,376 p.
7. Karri Kailajärvi AU (-92/84,00) 224 kg (100+124) 269,276 p.
8. Veli-Pekka Saxen TP (-95/80,06) 222 kg (95+127) 273,631 p.
9. Aapo Ylä-Autio SeSi (-96/82,82) 221 kg (96+125) 267,590 p.
Joonatan Kaikkonen PaPu (-95/84,46) DNS

94 kg

1. Eero Retulainen TAK (-92/93,95) 313 kg (141+172) **357,164 p.**
2. Kimmo Lehtikangas PuKa (-92/92,20) 283 kg (133+150) 325,573 p.
3. Jani Lindberg Atomi (-95/93,19) 269 kg (118+151) 308,029 p.
4. Mika Mäntylä VaKi (-95/93,63) 247 kg (114+133) 282,263 p.
5. Joonas Qaraman TiKa (-92/91,03) 245 kg (110+135) 283,460 p.
6. Alekski Karjalainen OAK (-94/90,02) 230 kg (105+125) 267,451 p.
Rikhard Pirkiö RoRe (-94/92,52) - (+0)

105 kg

1. Jani Heikkinen KJ (-94/97,17) 300 kg (135+165) 337,574 p.
2. Hannes Keskitalo OAK (-96/98,38) 287 kg (120+167) 321,354 p.

+105 kg

1. Petri Lindfors KPK (-93/108,94) 288 kg (123+165) 310,857 p.

Club classification:

20-vuotiaat

1. Puntti-Karhut Pori 33 p.
2. Ounasvaaran Atleetti Klubi Rovaniemi 25 p.
3. Alavuden Urheilijat 19 p.
4. Rovaniemen Reipas 18 p.
5. Tampereen Pyrintö 18 p.
6. Nummelan Voimailijat Vihti 16 p.
7. Raution Kisailijat Kalajoki 13 p.
8. Lohja Lifting 12 p.
9. Kalajoen Junkkarit 10 p.

10. Turun Atleettiklubi 10 p.
18 seuraa sai pisteitä.

23-vuotiaat

1. Turun Atleettiklubi 35 p.
2. Tampereen Pyrintö 33 p.
3. Puntti-Karhut Pori 25 p.
4. Alavuden Urheilijat 22 p.
5. Ounasvaaran Atleetti Klubi Rovaniemi 21 p.
6. Rovaniemen Reipas 15 p.
7. Nummelan Voimailijat Vihti 13 p.
8. Kurikan Punttiklubi 12 p.
9. Merikarvian Voimailijat 11 p.
10. Kalajoen Junkkarit 11 p.