

Íslandsmeistaramót

27-02-2016 - 28-02-2016

Garðabæ (ISL)

Women - Senior

#	Name	Born	Team	Lot	Weight	Snatch			Clean and Jerk			Total	Sinclair
						1	2	3	1	2	3		
53 kg													
1	Rakel Ragnheiður Jónsdóttir	1999 U17	LFG	24	52,60	40,0	45,0	50,0	55,0	60,0	62,0	112,0	170,0
58 kg													
1	Puríður Erla Helgadóttir	1991 S	ARM	11	57,70	72,0	76,0	80,0	97,0	102,0	104,0	184,0	260,0
2	Jakobína Jónsdóttir	1985 S	LFR	6	56,75	66,0	69,0	71,0	81,0	84,0	87,0	156,0	223,2
3	Sigríður Jónsdóttir	1992 S	LFK	14	57,10	30,0	33,0	35,0	48,0	51,0	54,0	86,0	122,5
4	Nanna Ómarsdóttir	2000 U17	LFR	29	56,50	25,0	30,0	36,0	40,0	48,0	48,0	78,0	112,0
63 kg													
1	Helena Ingvarsdóttir	1999 U17	LFK	13	58,25	47,0	50,0	53,0	65,0	70,0	70,0	120,0	168,4
2	Katla Björk Ketilsdóttir	2000 U17	UFN	17	58,80	46,0	49,0	54,0	55,0	61,0	66,0	120,0	167,3
3	Hrafnhildur Finnbogadóttir	2000 U17	ARM	5	59,15	38,0	42,0	46,0	50,0	50,0	50,0	96,0	133,3
-	Hjördís Ósk Óskarsdóttir	1984 S	FH	8	62,04	70,0	73,0	74,0	92,0	97,0	-	-	-
69 kg													
1	Lilja Lind Helgadóttir	1996 U20	LFG	10	66,45	65,0	70,0	72,0	78,0	85,0	87,0	159,0	204,2
2	Ingunn Lúðvíksdóttir	1977 M35	ARM	21	68,80	61,0	67,0	71,0	82,0	86,0	90,0	157,0	197,4
3	Sandra Hrönn Arnadóttir	1994 U23	ARM	9	67,05	60,0	67,0	71,0	80,0	83,0	86,0	153,0	195,4
4	Viktoría Rós Guðmundsdóttir	1991 S	LFH	2	65,50	58,0	62,0	65,0	75,0	78,0	81,0	143,0	185,3
5	Snæfríður Jóhannesdóttir	1993 U23	ARM	4	65,85	50,0	56,0	60,0	65,0	70,0	75,0	131,0	169,2

6	Hulda Rós Blöndal Snorradóttir	1991 S	ARM	22	64,40	47,0	52,0	56,0	63,0	68,0	72,0	128,0	167,7
7	Margrét Þórhildur Jóhannesdóttir	1997 U20	ARM	20	64,05	47,0	51,0	56,0	62,0	66,0	70,0	117,0	153,8
8	Brynja Maren Ingólfssdóttir	1999 U17	ARM	18	67,55	40,0	45,0	45,0	52,0	57,0	62,0	107,0	136,0
9	Íris Þórdís Jónsdóttir	1999 U17	LFG	24	64,95	40,0	45,0	50,0	40,0	45,0	50,0	95,0	123,8
75 kg													
1	Freyja Mist Ólafsdóttir	1996 U20	LFR	7	73,90	70,0	74,0	74,0	90,0	95,0	97,0	169,0	204,0
2	Soffía Bergsdóttir	1987 S	ARM	25	71,45	60,0	65,0	68,0	75,0	80,0	85,0	148,0	182,0
3	Erna Héðinsdóttir	1976 M40	LFR	12	72,90	57,0	62,0	65,0	70,0	75,0	81,0	138,0	167,8
4	Freydís María Friðriksdóttir	1998 U20	LFK	15	74,95	33,0	36,0	40,0	46,0	50,0	53,0	90,0	107,8
75+ kg													
1	Sonja Björk Ingólfssdóttir	1994 U23	ARM	3	77,00	55,0	60,0	60,0	75,0	75,0	75,0	135,0	159,5
2	Hildur Björk Þórðardóttir	1985 S	LFR	1	107,40	46,0	48,0	50,0	53,0	53,0	57,0	107,0	111,4

Men - Senior

#	Name	Born	Team	Lot	Weight	Snatch			Clean and Jerk			Total	Sinclair
						1	2	3	1	2	3		
69 kg													
1	Einar Ingi Jónsson	1996 U20	LFR	18	68,45	100,0	105,0	108,0	128,0	134,0	138,0	243,0	328,6
2	Jökull Máni Prastarson	1998 U20	ARM	23	68,86	70,0	76,0	80,0	85,0	90,0	95,0	170,0	229,0
77 kg													
1	Davíð Björnsson	1995 U23	ARM	3	76,10	102,0	106,0	106,0	125,0	131,0	135,0	237,0	300,5
2	Árni Rúnar Baldursson	1995 U23	HEN	12	70,30	96,0	100,0	104,0	121,0	126,0	126,0	230,0	305,8
3	Arnþór Ingi Guðjónsson	1995 U23	UFN	27	73,00	85,0	90,0	95,0	110,0	115,0	120,0	210,0	272,8
4	Sigurður Darri Rafnsson	1998 U20	LFR	21	75,35	86,0	92,0	92,0	110,0	115,0	120,0	207,0	263,9
5	Daníel Askur Ingólfsson	1997 U20	LFH	5	75,50	83,0	87,0	92,0	103,0	107,0	112,0	204,0	259,8
6	Ingimar Jónsson	1998 U20	LFG	1	76,25	85,0	91,0	91,0	105,0	115,0	122,0	190,0	240,6

7	Andri Orri Hreiðarsson	1996 U20	UFN	25	76,00	78,0	81,0	86,0	95,0	100,0	107,0	181,0	229,6
8	Atli Haukur Brynleifsson	1998 U20	UFN	17	71,50	60,0	60,0	65,0	73,0	77,0	82,0	147,0	193,4

85 kg

1	Dániel Róbertsson	1991 S	ARM	22	79,40	105,0	110,0	115,0	125,0	128,0	132,0	242,0	299,6
2	Stefán Ernir Rossen	1994 U23	FH	6	82,00	95,0	100,0	102,0	125,0	128,0	131,0	233,0	283,6
3	Dániel Ómar Guðmundsson	1993 U23	LFR	10	81,75	100,0	105,0	105,0	122,0	123,0	127,0	232,0	282,8
4	Orri Bergmann Valtýsson	1996 U20	LFH	2	81,75	90,0	97,0	103,0	113,0	120,0	126,0	223,0	271,8
5	Arnór Gauti Haraldsson	1998 U20	LFH	16	79,55	98,0	103,0	103,0	113,0	119,0	126,0	222,0	274,6
6	Guðmundur Juanito Ólafsson	1997 U20	UFN	26	82,95	80,0	86,0	90,0	100,0	105,0	113,0	203,0	245,6
7	Haukur Örn Hauksson	1994 U23	ARM	14	80,65	70,0	76,0	83,0	105,0	112,0	118,0	188,0	230,8
-	Hlynur Örn Hrafnkelsson	1998 U20	LFR	28	79,65	90,0	90,0	90,0	-	-	-	-	-

94 kg

1	Goði Ómarsson	1991 S	LFG	19	91,95	98,0	103,0	105,0	135,0	143,0	150,0	248,0	285,6
2	Gunnar Gylfason	1989 S	STJ	13	91,90	101,0	108,0	110,0	121,0	127,0	130,0	231,0	266,1
3	Bergur Sverrisson	1994 U23	LFR	4	90,10	98,0	101,0	105,0	115,0	120,0	121,0	222,0	258,0
4	Dániel Andri Jansson Fredriksen	1996 U20	ARM	11	92,95	91,0	96,0	100,0	115,0	121,0	127,0	211,0	241,9
5	Kjartan Elvar Baldursson	1995 U23	AFE	15	92,40	78,0	82,0	82,0	110,0	116,0	121,0	203,0	233,3
-	Þórður Dániel Ólafsson	1979 M35	ARM	29	93,00	95,0	100,0	105,0	120,0	125,0	125,0	-	-

105 kg

1	Ingólfur Þór Ævarsson	1991 S	KFA	8	103,60	120,0	122,0	128,0	152,0	152,0	160,0	274,0	300,9
2	Sigurjón Guðnason	1999 U17	LFR	9	96,30	75,0	81,0	81,0	97,0	103,0	103,0	172,0	194,3

105+ kg

1	Andri Gunnarsson	1983 S	LFG	7	127,90	150,0	157,0	160,0	180,0	186,0	186,0	343,0	354,6
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Records

Age Category	Weight Category	Name	Discipline	Mark
Junior	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Snatch	45,00

Age Category	Weight Category	Name	Discipline	Mark
Youth	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Snatch	45,00
Junior	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Snatch	50,00
Youth	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Snatch	50,00
Youth	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Clean and Jerk	55,00
Junior	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Clean and Jerk	60,00
Youth	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Clean and Jerk	60,00
Junior	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Clean and Jerk	62,00
Youth	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Clean and Jerk	62,00
Junior	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Total	105,00
Youth	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Total	105,00
Junior	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Total	110,00
Youth	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Total	110,00
Junior	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Total	112,00
Youth	53 kg (f)	Rakel Ragnheiður Jónsdóttir	Total	112,00
Senior	58 kg (f)	Þuríður Erla Helgadóttir	Clean and Jerk	102,00
Senior	58 kg (f)	Þuríður Erla Helgadóttir	Clean and Jerk	104,00
Senior	58 kg (f)	Þuríður Erla Helgadóttir	Total	182,00
Senior	58 kg (f)	Þuríður Erla Helgadóttir	Total	184,00
Youth	63 kg (f)	Hrafnhildur Finnbogadóttir	Snatch	38,00
Youth	63 kg (f)	Hrafnhildur Finnbogadóttir	Snatch	42,00
Youth	63 kg (f)	Katla Björk Ketilsdóttir	Snatch	46,00
Youth	63 kg (f)	Katla Björk Ketilsdóttir	Snatch	49,00
Youth	63 kg (f)	Helena Ingvarsdóttir	Snatch	50,00
Youth	63 kg (f)	Katla Björk Ketilsdóttir	Snatch	54,00
Youth	63 kg (f)	Katla Björk Ketilsdóttir	Clean and Jerk	61,00

Age Category	Weight Category	Name	Discipline	Mark
Youth	63 kg (f)	Helena Ingvarsdóttir	Clean and Jerk	65,00
Youth	63 kg (f)	Katla Björk Ketilsdóttir	Clean and Jerk	66,00
Youth	63 kg (f)	Helena Ingvarsdóttir	Clean and Jerk	70,00
Youth	63 kg (f)	Katla Björk Ketilsdóttir	Total	109,00
Youth	63 kg (f)	Katla Björk Ketilsdóttir	Total	115,00
Youth	63 kg (f)	Katla Björk Ketilsdóttir	Total	120,00
Masters 35	69 kg (f)	Ingunn Lúðvíksdóttir	Clean and Jerk	90,00
Masters 40	75 kg (f)	Erna Héðinsdóttir	Snatch	57,00
Masters 40	75 kg (f)	Erna Héðinsdóttir	Clean and Jerk	70,00
Masters 35	75 kg (f)	Erna Héðinsdóttir	Clean and Jerk	75,00
Masters 40	75 kg (f)	Erna Héðinsdóttir	Clean and Jerk	75,00
Masters 35	75 kg (f)	Erna Héðinsdóttir	Clean and Jerk	81,00
Masters 40	75 kg (f)	Erna Héðinsdóttir	Clean and Jerk	81,00
Masters 40	75 kg (f)	Erna Héðinsdóttir	Total	127,00
Masters 35	75 kg (f)	Erna Héðinsdóttir	Total	132,00
Masters 40	75 kg (f)	Erna Héðinsdóttir	Total	132,00
Masters 35	75 kg (f)	Erna Héðinsdóttir	Total	138,00
Masters 40	75 kg (f)	Erna Héðinsdóttir	Total	138,00
Senior	69 kg (m)	Einar Ingi Jónsson	Snatch	105,00
Junior	69 kg (m)	Einar Ingi Jónsson	Snatch	105,00
U23	69 kg (m)	Einar Ingi Jónsson	Snatch	105,00
Senior	69 kg (m)	Einar Ingi Jónsson	Clean and Jerk	134,00
Junior	69 kg (m)	Einar Ingi Jónsson	Clean and Jerk	134,00
U23	69 kg (m)	Einar Ingi Jónsson	Clean and Jerk	134,00
Senior	69 kg (m)	Einar Ingi Jónsson	Clean and Jerk	138,00

Age Category	Weight Category	Name	Discipline	Mark
Junior	69 kg (m)	Einar Ingi Jónsson	Clean and Jerk	138,00
U23	69 kg (m)	Einar Ingi Jónsson	Clean and Jerk	138,00
Senior	69 kg (m)	Einar Ingi Jónsson	Total	239,00
Junior	69 kg (m)	Einar Ingi Jónsson	Total	239,00
U23	69 kg (m)	Einar Ingi Jónsson	Total	239,00
Senior	69 kg (m)	Einar Ingi Jónsson	Total	243,00
Junior	69 kg (m)	Einar Ingi Jónsson	Total	243,00
U23	69 kg (m)	Einar Ingi Jónsson	Total	243,00
Senior	105+ kg (m)	Andri Gunnarsson	Snatch	157,00
Senior	105+ kg (m)	Andri Gunnarsson	Clean and Jerk	186,00
Senior	105+ kg (m)	Andri Gunnarsson	Total	343,00

Sinclair ranking, Women

#	Name	Team	Gender	Weight	Total	Sinclair
1	Puríður Erla Helgadóttir	ARM	F	57,70	184,0	260,0
2	Jakobína Jónsdóttir	LFR	F	56,75	156,0	223,2
3	Lilja Lind Helgadóttir	LFG	F	66,45	159,0	204,2
4	Freyja Mist Ólafsdóttir	LFR	F	73,90	169,0	204,0
5	Ingunn Lúðvíksdóttir	ARM	F	68,80	157,0	197,4
6	Sandra Hrönn Arnardóttir	ARM	F	67,05	153,0	195,4
7	Viktória Rós Guðmundsdóttir	LFH	F	65,50	143,0	185,3
8	Soffía Bergsdóttir	ARM	F	71,45	148,0	182,0
9	Rakel Ragnheiður Jónsdóttir	LFG	F	52,60	112,0	170,0
10	Snæfríður Jóhannesdóttir	ARM	F	65,85	131,0	169,2
11	Helena Ingvarsdóttir	LFK	F	58,25	120,0	168,4
12	Erna Héðinsdóttir	LFR	F	72,90	138,0	167,8

#	Name	Team	Gender	Weight	Total	Sinclair
13	Hulda Rós Blöndal Snorradóttir	ARM	F	64,40	128,0	167,7
14	Katla Björk Ketilsdóttir	UFN	F	58,80	120,0	167,3
15	Sonja Björk Ingólfssdóttir	ARM	F	77,00	135,0	159,5
16	Margrét Þórhildur Jóhannesdóttir	ARM	F	64,05	117,0	153,8
17	Brynja Maren Ingólfssdóttir	ARM	F	67,55	107,0	136,0
18	Hrafnhildur Finnbogadóttir	ARM	F	59,15	96,0	133,3
19	Íris Þórdís Jónsdóttir	LFG	F	64,95	95,0	123,8
20	Sigríður Jónsdóttir	LFK	F	57,10	86,0	122,5
21	Nanna Ómarsdóttir	LFR	F	56,50	78,0	112,0
22	Hildur Björk Þórðardóttir	LFR	F	107,40	107,0	111,4
23	Freydís María Friðriksdóttir	LFK	F	74,95	90,0	107,8
-	Hjördís Ósk Óskarsdóttir	FH	F	62,04	-	-

Sinclair ranking, Men

#	Name	Team	Gender	Weight	Total	Sinclair
1	Andri Gunnarsson	LFG	M	127,90	343,0	354,6
2	Einar Ingi Jónsson	LFR	M	68,45	243,0	328,6
3	Árni Rúnar Baldursson	HEN	M	70,30	230,0	305,8
4	Ingólfur Þór Ævarsson	KFA	M	103,60	274,0	300,9
5	Davíð Björnsson	ARM	M	76,10	237,0	300,5
6	Daníel Róbertsson	ARM	M	79,40	242,0	299,6
7	Goði Ómarsson	LFG	M	91,95	248,0	285,6
8	Stefán Ernir Rossen	FH	M	82,00	233,0	283,6
9	Daníel Ómar Guðmundsson	LFR	M	81,75	232,0	282,8
10	Arnór Gauti Haraldsson	LFH	M	79,55	222,0	274,6
11	Arnþór Ingi Guðjónsson	UFN	M	73,00	210,0	272,8

#	Name	Team	Gender	Weight	Total	Sinclair
12	Orri Bergmann Valtýsson	LFH	M	81,75	223,0	271,8
13	Gunnar Gylfason	STJ	M	91,90	231,0	266,1
14	Sigurður Darri Rafnsson	LFR	M	75,35	207,0	263,9
15	Daníel Askur Ingólfsson	LFH	M	75,50	204,0	259,8
16	Bergur Sverrisson	LFR	M	90,10	222,0	258,0
17	Guðmundur Juanito Ólafsson	UFN	M	82,95	203,0	245,6
18	Daníel Andri Jansson Fredriksen	ARM	M	92,95	211,0	241,9
19	Ingimar Jónsson	LFG	M	76,25	190,0	240,6
20	Kjartan Elvar Baldursson	AFE	M	92,40	203,0	233,3
21	Haukur Örn Hauksson	ARM	M	80,65	188,0	230,8
22	Andri Orri Hreiðarsson	UFN	M	76,00	181,0	229,6
23	Jökull Máni Þrastarson	ARM	M	68,86	170,0	229,0
24	Sigurjón Guðnason	LFR	M	96,30	172,0	194,3
25	Atli Haukur Brynleifsson	UFN	M	71,50	147,0	193,4
-	Hlynur Örn Hrafnkelsson	LFR	M	79,65	-	-
-	Þórður Daníel Ólafsson	ARM	M	93,00	-	-