

BRITISH WEIGHT LIFTING
BRITISH SENIOR WEIGHTLIFTING CHAMPIONSHIPS 2013
BANGOR UNIVERSITY
Saturday 13 July 2013



RANK	LIFTING ORDER	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR	DOMINITY	HIGHEST ATTEMPTED SNATCH kg	HIGHEST ATTEMPTED CLEAN kg	BODY WEIGHT kg	SNATCH kg			JERK kg			BEST RESULT		TOTAL kg	S/NCLUB
										1	2	3	1	2	3	SNATCH kg	JERK kg		
56 KILO CLASS																			
1	1	Louis	Hampton Jones	Stars For The Future	17/03/93	150	56	55.80	75	x85	85	x95	95	x106	85	95	180	281.73	
62 KILO CLASS																			
1	3	Christos	Michaelas	Team Manchester	16/02/93	182	62	61.00	102	106	111	130	x136	x136	111	130	241	352.64	
2	5	Jaswant	Shergill	Oldbury Academy	14/01/93	182	62	61.40	100	x103	104	x134	x134	131	104	131	235	342.24	
3	2	Nicholas	Muhanza	Crossfit Manchester	31/12/86	182	62	61.90	90	97	x104	115	120	x125	97	120	217	314.20	
4	6	Namattulah	Ahmad	Stars For The Future	01/04/95	182	62	61.50	82	x86	x86	x105	x106	x106	82	0	0	0.00	
4	4	Jonathan	Turpin	Leeds Met	15/01/89	182	62	61.10	x80	x80	80	x105	x105	x105	80	0	0	0.00	
69 KILO CLASS																			
1	12	Mehmed	Fikretov	Crystal Palace	18/11/86	205	69	68.60	115	120	x123	150	160	x166	120	160	280	378.08	
2	7	Christopher	Freebry	Atlas Warehouse	22/05/89	205	69	68.20	115	120	x124	140	146	x150	120	146	266	360.54	
3	9	Craig	Carfray	Kilmarnock	31/03/92	205	69	68.80	x105	x105	105	x135	135	x145	105	135	240	323.46	
4	11	David	Oakes	Team Manchester	13/05/89	205	69	67.80	93	x96	97	117	121	124	97	124	221	300.69	
5	10	Chris	Chea	Woking	28/03/85	205	69	69.00	89	94	99	109	114	119	99	119	218	293.27	
6	8	Iain	Shawley	Unattached	10/12/87	205	69	67.30	87	x92	92	x142	112	117	92	117	209	285.74	
48 KILO CLASS																			
1	1	Colette	Will	Gladiator	07/11/92	102	48	48.00	53	x55	55	70	x75	x75	55	70	125	204.9	
53 KILO CLASS																			
1	5	Joanne	Galvino	Crystal Palace	18/08/80	110	53	52.60	62	65	x67	83	86	x88	65	86	151	229.2	
2	3	Amy	Foy	Oldbury Academy	26/11/95	110	53	52.90	x64	x64	64	65	x70	x70	64	65	119	179.8	
3	4	Noorin	Gulam	Stars of the future	06/09/95	110	53	52.00	49	x53	x53	62	x66	x66	49	62	111	170.0	
4	6	Joanne	McManus	Crossfit Manchester	16/03/66	110	53	51.80	x48	x48	x48	x-	x-	x-	0	0	0	0.0	
58 KILO CLASS																			
1	9	Sophie	Smyth	Kilmarnock	21/01/93	117	58	57.80	62	64	66	80	82	84	66	84	150	211.7	
2	11	Shila	Panjavi	Stars for the future	14/05/91	117	58	57.00	62	x64	64	80	x84	x86	64	80	144	205.3	
3	7	Poy	Fakcha	Stars for the future	08/01/96	117	58	56.40	x69	69	63	x70	x70	70	63	70	133	191.2	
4	10	Amber	Sheppard	Crystal Palace	11/11/97	117	58	56.90	50	53	54	68	71	73	54	73	127	181.3	
5	8	Josie	Calvert Briggs	Leeds Metropolitan Univ	09/06/92	117	58	57.10	45	48	50	x64	67	x69	50	67	117	166.8	
77 KILO CLASS																			
1	7	Adam	Mattiussi	St. Marys Strength	23/06/91	225	77	76.40	120	x125	125	146	x156	x156	125	146	271	342.79	
2	9	Ivan	Mihal	Kettle Bell Training	27/05/91	225	77	75.10	103	107	x142	133	136	141	107	141	248	316.81	
3	10	Liem	Bui-Le	Krystal	18/09/93	225	77	75.60	105	x108	x108	135	139	x144	105	139	244	310.50	
4	1	Gwilym	Sion Pari	Holyhead	07/02/95	225	77	76.10	105	110	112	x125	125	130	112	130	242	306.79	
5	11	Jonathan	Pamment	Unattached	16/06/90	225	77	75.50	103	106	110	125	130	x133	110	130	240	305.85	
6	6	Lewis	Riddett	Brunel	17/06/93	225	77	76.50	x100	100	x106	130	136	x140	100	136	236	298.29	
3	3	Alex	Collier	Team Manchester	29/03/94	225	77	72.90	112	x146	x148	—	—	—	112	0	0	0.00	
2	2	Robert	Gordon-Smith	Crystal Palace	07/07/88	225	77	75.90	107	x144	111	x126	x126	111	0	0	0	0.00	
4	4	Eddie	Chambers	St Birinus	03/12/91	225	77	76.90	x100	x100	x100	—	—	—	0	0	0	0.00	
5	5	Shaun	Clegg	Team Manchester	13/10/92	225	77	76.50	x125	x125	x125	—	—	—	0	0	0	0.00	
8	8	Halil	Zorba	Crystal Palace	22/09/88	225	77	76.80	x120	x120	x120	—	—	—	0	0	0	0.00	
63 KILO CLASS																			
1	6	Jane	Armour	Kilmarnock	04/03/85	122	63	62.20	63	66	x68	x82	82	x86	66	82	148	198.4	
2	5	Sarah	Evans	Swansea	22/10/91	122	63	61.60	55	x58	58	x76	76	80	58	80	138	186.2	
3	2	Sally	Moss	Bethnal Green WLC	03/04/75	122	63	62.40	55	58	x64	68	71	73	58	73	131	175.2	
4	4	Vicky	Johnstone	Parkhead	13/02/81	122	63	62.40	50	53	x56	66	70	x75	53	70	123	164.5	
7	7	Emily	Godley	Kilmarnock	22/10/89	122	63	62.80	x83	x83	x83	—	—	—	0	0	0	0.0	
3	3	Rebekah	Tiler	Mytholmroyd	13/01/99	122	63	62.90	x82	x82	x82	—	—	—	0	0	0	0.0	
1	1	Sam	Balchin	Sutton & Epsom	10/02/85	122	63	61.70	x67	x67	x67	—	—	—	0	0	0	0.0	
85 KILO CLASS																			
1	5	Jack	Oliver	Leeds Met	04/01/91	245	85	83.70	x137	x137	137	165	168	175	137	175	312	375.74	
2	6	Bradley	Burrows	Empire sports	18/03/79	245	85	84.60	140	145	x150	160	x165	x165	145	160	305	365.34	
3	4	Cathal	Byrd	Unattached	15/08/86	245	85	83.40	x125	x125	125	157	162	x165	125	162	287	346.27	
4	3	Dale	Cree	Kilmarnock	10/01/92	245	85	84.90	118	122	x124	144	x148	x150	122	144	266	318.07	
5	2	Owen	Satterley	Unattached	15/07/80	245	85	82.40	105	x110	110	x137	x140	140	110	140	250	303.30	
1	1	Graeme	Kane	Kilmarnock	24/09/88	245	85	84.40	x120	—	—	—	—	—	0	0	0	0.00	
69 KILO CLASS																			
1	2	Natasha	Perdue	Swansea	27/07/75	130	69	68.40	85	90	x93	104	110	x145	90	110	200	292.3	
2	4	Louise	Mather	Gladiator	12/12/83	130	69	67.60	68	x74	71	x88	88	x93	71	88	159	202.0	
3	3	Aggie	Kikut	Woking	16/10/86	130	69	67.10	55	x60	61	75	x80	80	61	80	141	180.0	
—	5	Evelyn	Stevenson	Sutton&Epsom	12/01/87	130	69	67.10	63	x67	x67	x90	x90	x90	63	0	—	0.0	
75 KILO CLASS																			
1	6	Mercy	Brown	Crystal Palace	20/08/96	137	75	74.70	73	78	x84	94	x99	x99	78	94	172	206.4	
2	8	Jenny	McIntyre	Glasgow City Barbell	24/05/89	137	75	73.10	62	x65	65	82	x85	x85	65	82	147	178.5	
3	7	Janine	Murphy	Bournemouth barbell	30/11/72	137	75	74.10	50	54	58	77	83	x86	58	83	141	169.9	
75+ KILO CLASS																			
1	9	Anna	Krasnopolska	Bethnal Green	10/03/82	145	75+	77.80	67	71	73	83	85	87	73	87	160	188.0	
2	10	Gemma	Williams	Empire Sports Club	14/09/85	145	75+	100.10	65	67	x70	81	84	x86	67	84	151	160.3	
94 KILO CLASS																			
1	6	Sonny	Webster	Empire Bristol	10/03/94	260	94	92.70	137	x140	x144	170	175	180	137	180	317	363.82	
2	1	Peter	Kirkbride	Kilmarnock	19/12/87	260	94	93.60	127	132	x135	170	x184	x184	132	170	302	345.16	
3	4	Owen	Boxall	Europa	03/07/90	260	94	92.20	120	x134	136	160	—	—	136	160	296	340.53	
4	8	Saun	Trebillcock	Parkhead	24/03/85	260	94	93.40	120	x125	x125	165	170	x175	120	170	290	331.75	
5	7	Greg	Stumbles	Bournemouth Barbell	13/09/91	260	94	92.60	x107	107	113	148	154	x157	113	154	267	306.58	
6	5	Jake	Davies	Caldicot	25/02/94	260	94	93.50	x118	x120	120	x145	145	x150	120	145	265	303.01	
7	2	Jake	Helliwell	Team Manchester	04/07/93	260	94	93.80	115	x122	x122	145	x153	x156	115	145	260	296.89	
8	3	Koing	Chea	Woking Centre of Excell	27/12/83	260	94	87.40	x105	105	x116	135	140	x145	105	140	245	288.85	
105 KILO CLASS																			
1	9	Ben	Watson	St Birinus	20/03/90	275	105	103.00	135	140	145	160	170	175	145	176	321	353.22	
2	10	Callum	Downie	Gladiator	01/02/90	275	105	102.10	115	x120	x122	150	x155	x160	115	150	265	292.54	
105+ KILO CLASS																			
1	11	Andrew	Ruegg	Brunel University Weight	02/06/86	285	105+	122.00	x138	x138	138	x162	162	x166	138	162	300	313.51	