

Men

Event	Record	Athlete	Date	Meet	Place	Ref
-56 kg						
Snatch	139 kg	Wu Jingbiao	21 April 2015	National Championships	 Zhejiang, China	[1]
Clean & Jerk	169 kg	Long Qingquan	23 October 2009	National Games	 Jinan, China	
Total	302 kg	Long Qingquan	23 October 2009	National Games	 Jinan, China	
-62 kg						
Snatch	153 kg	Shi Zhiyong	28 June 2002	World University Championships	 İzmir, Turkey	
Clean & Jerk	183 kg	Chen Lijun	22 November 2015	World Championships	 Houston, United States	[2]
Total	333 kg	Chen Lijun	22 November 2015	World Championships	 Houston, United States	[3]
-69 kg						
Snatch	166 kg	Liao Hui	10 November 2014	World Championships	 Almaty, Kazakhstan	[4]
Clean & Jerk	198 kg	Liao Hui	23 October 2013	World Championships	 Wrocław, Poland	
Total	359 kg	Liao Hui	10 November 2014	World Championships	 Almaty, Kazakhstan	[5]
-77 kg						
Snatch	176 kg	Lü Xiaojun	24 October 2013	World Championships	 Wrocław, Poland	
Clean & jerk	209 kg	Su Dajin	24 October 2009	National Games	 Jinan, China	
Total	381 kg	Lü Xiaojun	17 April 2016	National Championships	 Jiangshan, China	[6]
-85 kg						
Snatch	180 kg	Lu Yong	15 August 2008	Olympic Games	 Beijing, China	
Clean & Jerk	220 kg	Tian Tao	18 April 2016	National Championships	 Jiangshan, China	[7]
Total	395 kg	Tian Tao	18 April 2016	National Championships	 Jiangshan, China	[7]
-94 kg						
Snatch	180 kg	Jiang Hairong	25 October 2009	National Games	 Jinan, China	

-94 kg

Snatch	180 kg	Jiang Hairong	25 October 2009	National Games	 Jinan, China	
Clean & Jerk	221 kg	Li Bing	26 March 2013	National Championships	 Zibo, China	
Total	394 kg	Liu Hao	25 September 2014	Asian Games	 Incheon, South Korea	

-105 kg

Snatch	198 kg	Cui Wenhua	19 April 1998	National Championships	 Chongqing, China	
Clean & Jerk	226 kg	Yang Zhe	27 March 2013	National Championships	 Zibo, China	
Total	420 kg	Cui Wenhua	19 November 1998	World Championships	 Lahti, Finland	

+105 kg

Snatch	201 kg	Sun Haibo	27 April 2007	Asian Championships	 Tai'an, China	
Clean & Jerk	250 kg	Han Wenliang	6 September 2003	National Championships	 Qinhuangdao, China	
Total	447.5 kg	Han Wenliang	6 September 2002	National Championships	 Qinhuangdao, China	

Women

Event	Record	Athlete	Date	Meet	Place	Ref
-48 kg						
Snatch	99 kg	Yang Lian	17 October 2009	National Games	 Jinan, China	
Clean & Jerk	126 kg	Tian Yuan	2 April 2012	National Championships	 Jinan, China	
Total	221 kg	Tian Yuan	2 April 2012	National Championships	 Jinan, China	
-53 kg						
Snatch	105 kg	Li Yajun	4 September 2013	National Games	 Shenyang, China	
Clean & Jerk	132 kg	Li Ping	17 October 2009	National Games	 Jinan, China	
Total	235 kg	Li Ping	17 October 2009	National Games	 Jinan, China	
-58 kg						
Snatch	115 kg	Song Zhijuan	13 November 2001	National Games	 Guangzhou, China	
Clean & Jerk	142.5 kg	Gu Wei	11 October 2005	National Games	 Suzhou, China	
Total	255 kg	Chen Yanqing	11 October 2005	National Games	 Suzhou, China	

-63 kg

Total	255 kg	Chen Yanqing	11 October 2005	National Games	 Suzhou, China	
-63 kg						
Snatch	122 kg	Ouyang Xiaofang	18 October 2009	National Games	 Jinan, China	
Clean & Jerk	149 kg	Deng Wei	10 April 2016	National Championships	 Longyan, China	[8]
Total	265 kg	Guan Xinlei	18 October 2009	National Games	 Jinan, China	
-69 kg						
Snatch	129 kg	Xiang Yanmei	9 May 2015	National Championships	 Zhejiang, China	
Clean & Jerk	158 kg	Liu Chunhong	13 August 2008	Olympic Games	 Beijing, China	
Total	286 kg	Liu Chunhong	13 August 2008	Olympic Games	 Beijing, China	
-75 kg						
Snatch	131 kg	Kang Yue	19 April 2014	National Championships	 Qianan, China	
Clean & Jerk	160 kg	Kang Yue	6 September 2013	National Games	 Shenyang, China	
Total	291 kg	Kang Yue	25 September 2014	Asian Games	 Incheon, South Korea	
+75 kg						
Snatch	148 kg	Zhou Lulu	20 October 2009	National Games	 Jinan, China	
Clean & Jerk	193 kg	Meng Suping	10 May 2015	National Championships	 Zhejiang, China	
Total	334 kg	Zhou Lulu	26 September 2014	Asian Games	 Incheon, South Korea	