



2016 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIPS

Heinsheim / Germany
30th September – 8th October 2016



NAME	NATION	SEX	BORN	BW	WCAT	SINCL	AGEPT	SNATCH			CLEAN & JERK			TOTAL	SINCLAIR	PLC	
								1st	2nd	3rd	1st	2nd	3rd				
Final Results Session 3				W70	All												New World Record
HUUSKONEN Terttu	FIN	w	30.11.1944	51,75	- 53	1,5367	1,953	-29	-30	30	38	40	41	71	213,0834	1.	
TABORDET Nelly	FRA	w	22.07.1946	51,80	- 53	1,5367	1,867	23	25	-27	28	30	-33	55	157,7960	2.	
MC BEE Janis	USA	w	25.03.1939	49,85	- 53	1,5852	2,255	-24	-24	-24	verz	verz	verz	0	0,0000		
MOYLE Lesley	AUS	w	22.12.1945	60,50	- 63	1,3661	1,910	26	28	-29	36	38	40	68	177,4291	1.	
MC SWAIN Dagmar	AUT	w	05.07.1944	58,80	- 63	1,3940	1,953	-25	25	26	35	-37	-38	61	166,0714	2.	
Final Results Session 3				W65	All												New World Record
BERENDSEN Maria	NED	w	02.03.1951	51,30	- 53	1,5490	1,663	29	31	32	35	-37	37	69	177,7431	1.	
MILLER Jill	CAN	w	23.08.1951	56,95	- 58	1,4260	1,663	27	-29	-29	37	-39	39	66	156,5149	1.	
SILVER Valerie	AUS	w	24.01.1949	61,55	- 63	1,3492	1,738	28	30	-32	-38	38	40	70	164,1437	1.	
DOLMAN Lynn	GBR	w	21.06.1948	64,70	- 69	1,3059	1,779	-27	27	-28	-32	32	33	60	139,3918	1.	
QUINN Judy	CAN	w	09.05.1948	79,40	ü 75	1,1632	1,779	30	32	34	40	42	44	78	161,4080	1.	
Final Results Session 3				W60	All												New World Record
BOURGE Christine	FRA	w	13.06.1952	47,10	- 48	1,6669	1,629	28	32	-34	38	-42	42	74	200,9381	1.	
JORGENSEN Marga	DEN	w	09.08.1955	50,30	- 53	1,5746	1,541	35	39	41	45	49	-52	90	218,3813	1.	
SANKAMO Maija	FIN	w	18.02.1956	52,00	- 53	1,5318	1,514	29	-34	31	38	40	-42	71	164,6593	2.	
DAVIS Julie	AUS	w	20.01.1952	51,45	- 53	1,5440	1,629	25	26	-27	36	37	38	64	160,9713	3.	
SCHUKIES Margot	GER	w	20.04.1952	57,50	- 58	1,4168	1,629	32	33	34	42	43	45	79	182,3294	1.	
CALLAWAY Shirley	USA	w	17.07.1953	56,20	- 58	1,4412	1,598	32	33	-34	40	-43	-45	73	168,1217	2.	
DUPLOCK Colleen	AUS	w	06.02.1954	54,30	- 58	1,4798	1,568	25	26	27	34	36	-39	63	146,1806	3.	
PFEIFFER Friederike	AUT	w	26.07.1952	61,80	- 63	1,3462	1,629	-38	38	40	50	53	55	95	208,3312	1.	
LARSEN Lene Dorrit	DEN	w	13.01.1955	61,30	- 63	1,3537	1,541	-29	-29	-29	verz	verz	verz	0	0,0000		
MISCAMBLE Leandra	AUS	w	24.03.1956	68,45	- 69	1,2603	1,514	31	-33	-33	47	49	-54	80	152,6476	1.	
WILLS Jean	GBR	w	09.04.1955	69,00	- 69	1,2549	1,541	verz	verz	verz	verz	verz	verz	0	0,0000		
MORRISON Grace	AUS	w	19.04.1954	70,80	- 75	1,2361	1,568	42	-44	44	54	-58	verz	98	189,9441	1.	
MAU Sharon	USA	w	16.05.1954	71,45	- 75	1,2292	1,568	32	34	-36	42	44	-46	78	150,3361	2.	
HENRIKSSON Merja	FIN	w	21.01.1954	73,00	- 75	1,2150	1,568	27	-28	-28	verz	verz	verz	27	51,4382		
HERMANN Barbara	GER	w	19.08.1955	76,25	ü 75	1,1867	1,541	32	-35	-35	42	44	46	78	142,6390	1.	

Referee 1 : Heinz Kuhn GER

Referee 2 : Chris BAKER GBR

Referee 3 : Morteza SEIFSADEH IRI

TC : Erih Figge GER



2016 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIPS

Heinsheim / Germany
30th September – 8th October 2016



NAME	NATION	SEX	BORN	BW	WCAT	SINCL	AGEPT	SNATCH			CLEAN & JERK			TOTAL	SINCLAIR	PLC
								1st	2nd	3rd	1st	2nd	3rd			
Final Results Session 4																
						W55	All									New World Record
SCHRAFT Heidi	CAN	w	18.01.1961	46,50	- 48	1,6862	1,385	25	27	28	31	33	35	63	147,1294	1.
TREBILLCOCK Diana Suzanne	GBR	w	09.01.1959	52,80	- 53	1,5130	1,437	45	47	49	55	58	60	109	236,9857	1.
DELAGO Cindy	USA	w	14.06.1957	52,55	- 53	1,5177	1,488	28	30	31	38	40	42	69	155,8253	2.
PIPKE Monika	GER	w	30.10.1960	53,40	- 58	1,4994	1,411	39	41	41	49	52	54	93	196,7558	1.
WERENKO Deborah	USA	w	31.01.1957	57,20	- 58	1,4223	1,488	36	38	40	45	48	48	86	182,0089	2.
PITKÄNEN Kirsi	FIN	w	13.12.1958	57,35	- 58	1,4187	1,462	28	30	32	35	38	40	70	145,1898	3.
LACKUS Ulrike	GER	w	29.08.1958	62,10	- 63	1,3418	1,462	40	43	45	50	52	54	97	190,2860	1.
MENDA Susanne	AUT	w	29.09.1959	60,25	- 63	1,3693	1,437	38	40	42	50	52	54	96	188,8977	2.
KORHONEN Hille	FIN	w	08.09.1961	62,00	- 63	1,3433	1,385	27	30	30	42	46	48	76	141,3958	3.
VARGA Iren	HUN	w	03.03.1961	66,45	- 69	1,2834	1,385	30	32	34	40	43	45	77	136,8682	1.
LOREDANA Frassati	ITA	w	03.11.1958	68,55	- 69	1,2592	1,462	28	28	28	37	37	40	65	119,6618	2.
LOCH Vera	GER	w	04.11.1960	73,65	- 75	1,2087	1,411	38	40	42	48	51	53	95	162,0202	1.
MOORE-FOX Lucinda	IRL	w	20.04.1957	73,50	- 75	1,2105	1,488	36	38	39	51	54	56	93	167,5138	2.
BOHUSCH Karin	AUT	w	16.06.1959	76,60	ü 75	1,1843	1,437	38	38	40	50	53	56	93	158,2710	1.
HYDER Mary	USA	w	14.12.1959	78,55	ü 75	1,1690	1,437	32	36	40	42	45	48	88	147,8271	2.
CAMERON Claire	GBR	w	03.10.1958	89,80	ü 75	1,1022	1,462	34	36	37	45	47	47	82	132,1362	3.
MAN Victoria	GBR	w	16.11.1961	81,65	ü 75	1,1476	1,385	34	35	37	43	43	45	78	123,9752	4.
KRAUT Sabine	GER	w	04.03.1960	85,20	ü 75	1,1263	1,411	verz	verz	verz	verz	verz	verz	0	0,0000	

Referee 1 : Ghorbanali TEHRANI IRI

Referee 2 : Poul MEIER DEN

Referee 3 : Bastiaan KNOPPERS NED

TC : Sangi GHOLAMALI IRI



2016 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIPS

Heinsheim / Germany
30th September – 8th October 2016



NAME	NATION	SEX	BORN	BW	WCAT	SINCL	AGEPT	SNATCH			CLEAN & JERK			TOTAL	SINCLAIR	PLC	
								1st	2nd	3rd	1st	2nd	3rd				
Final Results Session 5				W50	-48 -53 -58 -63												New World Record
MC MANUS Joanne	GBR	w	16.03.1966	47,40	- 48	1,6575	1,279	47	49	51	55	57	59	110	233,1937	1.	
PATTISON Beverley	GBR	w	17.09.1962	52,00	- 53	1,5318	1,361	38	41	44	56	58	60	104	216,8171	1.	
FUSSER Tina	USA	w	28.10.1963	51,75	- 53	1,5367	1,338	30	33	35	44	47	50	82	168,6006	2.	
LOY Diana	AUS	w	24.11.1965	57,60	- 58	1,4150	1,297	47	52	55	67	72	76	131	240,4184	1.	
BUNDGAARD Birgitte	DEN	w	15.05.1966	54,00	- 58	1,4862	1,279	51	51	51	62	66	66	113	214,7960	2.	
CROTEAU Manon	CAN	w	17.04.1965	56,35	- 58	1,4374	1,297	50	55	56	61	65	65	111	206,9382	3.	
PIJCKE Adela	NED	w	30.06.1965	55,50	- 58	1,4550	1,297	40	41	43	61	63	65	104	196,2621	4.	
SCHUBERT Heide	GER	w	19.04.1966	61,60	- 63	1,3492	1,279	44	46	48	57	60	62	110	189,8190	1.	
WINTER Silvia	GER	w	30.12.1962	59,00	- 63	1,3906	1,361	36	38	40	50	53	55	95	179,7976	2.	
BARTH Gabriele	GER	w	08.08.1962	59,85	- 63	1,3757	1,361	37	37	37	52	52	55	92	172,2541	3.	
KOVATS Agnes Roza	HUN	w	27.03.1966	62,70	- 63	1,3332	1,279	33	35	37	50	53	58	88	150,0543	4.	
RAUTIAINEN Anne	FIN	w	26.12.1965	58,45	- 63	1,3991	1,297	34	36	37	47	47	48	85	154,2438	5.	
GIRAUD Isabelle	FRA	w	26.03.1966	58,10	- 63	1,4061	1,279	33	36	36	46	49	49	82	147,4690	6.	

Referee 1 : Ahmad JANIUS MAL

Referee 2 : Jozef LAZOU BEL

Referee 3 : Juergen BRAUN GER

TC : Jill MILLER CAN



2016 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIPS

Heinsheim / Germany
30th September – 8th October 2016



NAME	NATION	SEX	BORN	BW	WCAT	SINCL	AGEPT	SNATCH			CLEAN & JERK			TOTAL	SINCLAIR	PLC
								1st	2nd	3rd	1st	2nd	3rd			
Final Results Session 6				W50	-69 -75 +75			New World Record								
PERRONE Susana M.	ITA	w	10.01.1964	68,10	- 69	1,2648	1,316	54	57	62	68	71	73	130	216,3820	1.
CHAMBERLIN Gwen	USA	w	25.05.1963	67,65	- 69	1,2693	1,338	53	56	56	62	66	68	119	202,1005	2.
ESCHEMANN Sabina	GER	w	14.01.1964	67,55	- 69	1,2705	1,316	45	47	49	63	65	67	114	190,6055	3.
FORBES Trisha	GBR	w	08.08.1962	68,10	- 69	1,2648	1,361	31	32	33	41	verz	verz	73	125,6617	4.
BRIGGS Cindy	USA	w	01.09.1965	73,80	- 75	1,2078	1,297	52	56	56	72	75	79	135	211,4798	1.
OFFERMANN Denise	CYP	w	11.08.1965	71,45	- 75	1,2292	1,297	45	48	50	63	65	68	118	188,1241	2.
AHO Tarja	FIN	w	13.02.1964	69,85	- 75	1,2453	1,316	38	38	41	59	61	61	102	167,1591	3.
HUEBNER Marianne	USA	w	06.02.1964	70,50	- 75	1,2391	1,316	41	43	43	52	55	57	100	163,0656	4.
FAIRCHILD Alea	BEL	w	28.06.1964	71,80	- 75	1,2263	1,316	35	38	41	52	56	59	100	161,3811	5.
TAN Lay Sang	SIN	w	22.08.1966	70,30	- 75	1,2412	1,279	42	42	45	52	54	56	98	155,5745	6.
TAKACS Maria	HUN	w	06.03.1966	98,60	ü 75	1,0664	1,279	70	73	75	90	93	95	170	231,8674	1.
TSERENDORJ Oyunchimeg	MGL	w	01.05.1962	98,10	ü 75	1,0682	1,361	50	53	55	73	76	78	133	193,3581	2.
SMITH Sandra	GBR	w	25.09.1962	89,75	ü 75	1,1022	1,361	37	41	45	60	65	65	105	157,5099	3.

Referee 1 : Karampoor HEMMAT IRI

Referee 2 : Otto Dolezal AUT
TC : Diana TREBILLCOCK GBR

Referee 3 : Ahmad JANIUS MAL



2016 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIPS

Heinsheim / Germany
30th September – 8th October 2016



NAME	NATION	SEX	BORN	BW	WCAT	SINCL	AGEPT	SNATCH			CLEAN & JERK			TOTAL	SINCLAIR	PLC		
								1st	2nd	3rd	1st	2nd	3rd					
Final Results Session 7				W45	-48	-53	-58	-63										New World Record
FERAUD Nathalie	FRA	w	28.02.1967	47,75	- 48	1,6453	1,263	36	39	42	47	50	-52	92	191,1773	1.		
SPORTELLI Maria Vittoria	ITA	w	05.02.1971	52,05	- 53	1,5294	1,203	50	55	-58	60	65	-68	120	220,7842	1.		
NIEMELÄ Satu	FIN	w	06.04.1968	52,35	- 53	1,5223	1,248	44	-47	47	58	61	-66	108	205,1817	2.		
ALBERTI Emanuela	ITA	w	22.09.1971	56,60	- 58	1,4336	1,203	44	47	50	60	63	-67	113	194,8821	1.		
ALDRIDGE Kecia	USA	w	17.09.1971	56,35	- 58	1,4374	1,203	43	46	49	58	63	-65	112	193,6695	2.		
PETRONI Susanna	ITA	w	07.10.1967	56,40	- 58	1,4374	1,263	41	44	-48	58	60	65	109	197,8825	3.		
NELSON Jennifer	USA	w	25.05.1970	56,20	- 58	1,4412	1,218	38	40	42	-52	-54	54	96	168,5166	4.		
ABRAHAMS Anoinette	RSA	w	12.05.1969	56,40	- 58	1,4374	1,233	-35	-35	35	-55	55	-60	90	159,5083	5.		
CALMES Valerie	FRA	w	13.04.1970	56,45	- 58	1,4355	1,218	38	-40	-40	48	-50	-52	86	150,3658	6.		
NEMETH Györgyi	HUN	w	19.09.1970	61,40	- 63	1,3522	1,218	55	-58	58	-74	-74	74	132	217,4013	1.		
DAMME Annett	GER	w	08.06.1967	62,00	- 63	1,3433	1,263	-55	-55	55	67	71	-74	126	213,7701	2.		
ALAJUUMA Maisa	FIN	w	20.01.1970	61,55	- 63	1,3492	1,218	50	53	55	-66	-66	66	121	198,8424	3.		
VERNON Shelley	RSA	w	15.06.1970	62,90	- 63	1,3303	1,218	-50	-50	50	60	65	-70	115	186,3351	4.		
MAJAMAA Karoliina	FIN	w	14.10.1971	62,90	- 63	1,3303	1,203	-47	47	-50	62	-65	-65	109	174,4382	5.		
DAVIS-HIRST Justine	GBR	w	25.02.1967	62,50	- 63	1,3360	1,263	47	-50	-50	55	-57	verz	102	172,1115	6.		

Referee 1 : Wasily ZUBOV RUS

Referee 2 : Chris BAKER GBR

Referee 3 : Marga JORGENSEN DEN

TC : Harold PIJCKE NED



2016 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIPS

Heinsheim / Germany
30th September – 8th October 2016



NAME	NATION	SEX	BORN	BW	WCAT	SINCL	AGEPT	SNATCH			CLEAN & JERK			TOTAL	SINCLAIR	PLC	
								1st	2nd	3rd	1st	2nd	3rd				
Final Results Session 8				W45	-69 -75 +75												New World Record
HERSHEY Ronay	USA	w	02.07.1967	68,80	- 69	1,2570	1,263	60	60	62	70	73	76	133	211,1496	1.	
SCHRÖDER Maya	DEN	w	26.02.1971	67,20	- 69	1,2751	1,203	49	52	54	60	64	66	120	184,0734	2.	
STANTON Kris	USA	w	23.04.1971	65,70	- 69	1,2932	1,203	47	50	53	62	65	66	115	178,9077	3.	
NIEMI Susanna	FIN	w	14.07.1971	63,05	- 69	1,3275	1,203	48	52	52	59	62	65	110	175,6681	4.	
POTGIETER Corien	RSA	w	13.06.1970	73,35	- 75	1,2114	1,218	62	65	65	75	78	82	147	216,8963	1.	
VAN VLAANDEREN Ilona	NED	w	13.05.1971	73,30	- 75	1,2123	1,203	55	58	58	73	75	75	131	191,0500	2.	
MILESI Alessia	ITA	w	14.03.1970	74,65	- 75	1,1999	1,218	58	60	62	68	71	73	131	191,4537	3.	
PALOSAARI Pirjo	FIN	w	22.07.1970	74,40	- 75	1,2025	1,218	48	51	52	67	72	72	124	181,6160	4.	
CHEVALLIER Celia	FRA	w	10.08.1968	72,20	- 75	1,2225	1,248	54	56	58	63	65	68	123	187,6586	5.	
GRINGER Poulina	DEN	w	03.07.1971	73,70	- 75	1,2087	1,203	40	40	42	52	54	56	94	136,6822	6.	
ZIMMER Ibolya	GER	w	18.03.1969	74,90	- 75	1,1982	1,233	51	51	51	72	72	72	51	75,3464		
TAKACS Erika	HUN	w	18.04.1969	103,80	ü 75	1,0503	1,233	70	70	72	85	90	92	162	209,7932	1.	
PETERSON Juli	USA	w	23.03.1967	104,40	ü 75	1,0487	1,263	65	69	70	84	84	86	149	197,3517	2.	
NAGY Bernadette	HUN	w	17.09.1969	95,15	ü 75	1,0789	1,233	55	60	60	65	70	73	133	176,9277	3.	
GRIMAL Anne-Marie	FRA	w	06.08.1967	75,30	ü 75	1,1949	1,263	42	45	48	59	63	66	108	162,9892	4.	
LAURIDSEN Dorthe	DEN	w	19.02.1970	113,90	ü 75	1,0271	1,218	41	44	48	52	56	61	104	130,1048	5.	
JAMES Levenda	USA	w	16.03.1970	90,30	ü 75	1,0999	1,218	38	40	43	52	55	59	102	136,6472	6.	
STEINBRECHER Sonja	AUT	w	14.02.1969	77,25	ü 75	1,1788	1,233	40	43	45	50	54	57	99	143,8926	7.	

Referee 1 : Friedrich FABER GER

Referee 2 : Yvonne MEIER DEN

Referee 3 : Michel VEREECKE BEL

TC : Bastiaan KNOPPERS NED



2016 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIPS

Heinsheim / Germany
30th September – 8th October 2016



NAME	NATION	SEX	BORN	BW	WCAT	SINCL	AGEPT	SNATCH			CLEAN & JERK			TOTAL	SINCLAIR	PLC	
								1st	2nd	3rd	1st	2nd	3rd				
Final Results Session 9				W40	-48 -53 -58												New World Record
ANTONENKA Sviatlana	BLR	w	28.04.1976	46,70	- 48	1,6797	1,135	45	50	53	60	60	63	116	221,1493	1.	
LYAUDET Chrystel	FRA	w	15.04.1972	47,85	- 48	1,6422	1,189	46	48	48	56	58	60	106	206,9730	2.	
KOSTOGOROVA Yulia	USA	w	04.02.1976	47,25	- 48	1,6606	1,135	36	38	39	45	46	46	84	158,3216	3.	
LAGOA Maria	POR	w	22.04.1974	52,30	- 53	1,5247	1,162	52	55	55	65	70	70	120	212,6042	1.	
JAKOBSEN Rikke	DEN	w	29.08.1974	51,85	- 53	1,5342	1,162	49	50	52	58	60	62	110	196,1014	2.	
YUHING Claudine	FRA	w	19.06.1972	52,15	- 53	1,5271	1,189	47	52	52	56	60	64	107	194,2822	3.	
GARCIA Isabelle	FRA	w	08.02.1976	52,10	- 53	1,5294	1,135	42	45	48	57	60	60	102	177,0586	4.	
RE Nadia	ITA	w	01.08.1974	52,45	- 53	1,5200	1,162	35	38	40	52	52	55	95	167,7928	5.	
MAIDERO SALGUERO Sara	ESP	w	16.03.1976	51,85	- 53	1,5342	1,135	38	38	41	verz	verz	verz	0	0,0000		
SEWARD Andrea	USA	w	20.09.1972	56,80	- 58	1,4298	1,189	59	62	63	74	77	80	136	231,2044	1.	
BÜCHSENSCHÜTZ Marina	GER	w	19.10.1976	57,40	- 58	1,4187	1,135	52	56	56	65	67	70	122	196,4474	2.	
PORRMANN Nina	GER	w	25.09.1976	57,10	- 58	1,4242	1,135	48	52	52	61	64	66	118	190,7431	3.	
PRCHALOVA Michaela	CZE	w	27.01.1975	57,10	- 58	1,4242	1,149	43	47	50	63	66	68	116	189,8231	4.	
OTTMANN Astrid	GER	w	23.12.1974	57,20	- 58	1,4223	1,162	48	48	48	58	61	63	109	180,1457	5.	
FINATI Manuela	ITA	w	10.04.1976	53,80	- 58	1,4906	1,135	40	43	43	58	61	64	104	175,9504	6.	
MARTINEZ CANO Maria	ESP	w	22.03.1976	55,65	- 58	1,4510	1,135	38	41	44	50	54	56	98	161,3947	7.	
MURAD Lynette	GBR	w	27.11.1975	57,00	- 58	1,4260	1,149	40	42	42	55	58	58	95	155,6550	8.	

Referee 1 : Friedrich FABER GER

Referee 2 : Diana TREBILLCOCK GBR

Referee 3 : Gerard MORENO FRA

TC : Anne Marie GRIMAL FRA



2016 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIPS

Heinsheim / Germany
30th September – 8th October 2016



NAME	NATION	SEX	BORN	BW	WCAT	SINCL	AGEPT	SNATCH			CLEAN & JERK			TOTAL	SINCLAIR	PLC	
								1st	2nd	3rd	1st	2nd	3rd				
Final Results Session 10				W40	-63												New World Record
ALVERSON Shana	USA	w	21.05.1976	62,45	- 63	1,3360	1,135	-72	72	76	93	-97	97	173	262,3303	1.	
LEE Jennifer	USA	w	07.06.1973	61,60	- 63	1,3492	1,176	60	65	65	73	-76	76	136	215,7857	2.	
NYLEN Karin	SWE	w	02.06.1973	61,75	- 63	1,3462	1,176	53	54	60	70	75	81	135	213,7227	3.	
LEES Kelly	GBR	w	13.09.1976	59,85	- 63	1,3757	1,135	52	52	54	73	75	78	132	206,1074	4.	
FERNANDEZ FERNANDEZ Olga	ESP	w	10.05.1976	61,70	- 63	1,3477	1,135	48	51	51	67	-70	-70	115	175,9085	5.	
ELLIS Heather	CAN	w	20.11.1972	62,25	- 63	1,3389	1,189	50	50	50	65	-68	68	115	183,0745	6.	

Referee 1 : Poulaine GRINGER DEN

Referee 2 : Ghorbanali TEHRANI IRI

Referee 3 : Otto Dolezal AUT

TC : Alessia MILESI ITA



2016 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIPS

Heinsheim / Germany
30th September – 8th October 2016



NAME	NATION	SEX	BORN	BW	WCAT	SINCL	AGEPT	SNATCH			CLEAN & JERK			TOTAL	SINCLAIR	PLC	
								1st	2nd	3rd	1st	2nd	3rd				
Final Results Session 11				W40	-69	-75	+75										New World Record
WHITEMAN Shannon	USA	w	02.12.1975	64,20	-69	1,3125	1,149	55	58	60	72	78	82	142	214,1449	1.	
FUHR Karina	DEN	w	01.01.1975	66,90	-69	1,2786	1,149	59	61	63	69	72	75	138	202,7374	2.	
ALTHOFF Melanie	GER	w	23.07.1976	63,45	-69	1,3220	1,135	42	45	47	60	65	68	115	172,5540	3.	
COPE Christine	GBR	w	09.05.1976	65,90	-69	1,2907	1,135	47	50	52	57	60	63	112	164,0738	4.	
REILLY Sarah	GBR	w	03.07.1973	67,10	-69	1,2763	1,176	44	46	48	60	64	68	108	162,1003	5.	
SAMUELSSON Susanna	FIN	w	08.06.1973	74,40	-75	1,2025	1,176	65	67	68	80	83	85	153	216,3634	1.	
CZINCZAS Brigitta	HUN	w	15.05.1974	74,20	-75	1,2043	1,162	65	65	68	77	77	80	145	202,9125	2.	
PETRELL Lina	SWE	w	06.09.1973	69,75	-75	1,2463	1,176	50	53	53	63	64	68	118	172,9465	3.	
STEENHAUT Isabelle	BEL	w	02.08.1975	72,40	-75	1,2206	1,149	48	51	52	62	66	67	115	161,2840	4.	
JANTZEN Daniela	GER	w	09.12.1976	69,65	-75	1,2474	1,135	44	47	47	60	63	65	112	158,5695	5.	
TEVIS Lavetta	USA	w	26.06.1974	73,50	-75	1,2105	1,162	46	49	52	59	63	66	108	151,9129	6.	
HOFMANN Bettina	AUT	w	18.03.1974	73,30	-75	1,2123	1,162	39	39	39	53	56	59	95	133,8258	7.	
BOMAN Katarina	SWE	w	12.12.1973	85,05	ü 75	1,1268	1,176	66	69	69	85	90	92	156	206,7182	1.	
MCLARNON Claire	IRL	w	08.03.1976	96,10	ü 75	1,0754	1,135	63	68	71	83	88	88	154	187,9692	2.	
PAUKKALA Karoliina	FIN	w	04.02.1974	88,10	ü 75	1,1106	1,162	60	63	66	75	78	81	144	185,8345	3.	
GERIN Larissa	FRA	w	26.03.1974	129,50	ü 75	1,0070	1,162	50	54	56	72	76	83	132	154,4577	4.	
LUTKINS Jenny	USA	w	12.09.1975	108,50	ü 75	1,0383	1,149	48	50	52	63	65	66	113	134,8098	5.	
BROUETTE Valerie	FRA	w	05.09.1972	78,15	ü 75	1,1720	1,189	40	42	43	55	55	verz	95	132,3833	6.	

Referee 1 : Lurkevich GENADII UKR

Referee 2 : Hiroshi SAKO JPN

Referee 3 : Chris BAKER GBR

TC : Anne Marie GRIMAL FRA



2016 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIPS

Heinsheim / Germany
30th September – 8th October 2016



NAME	NATION	SEX	BORN	BW	WCAT	SINCL	AGEPT	SNATCH			CLEAN & JERK			TOTAL	SINCLAIR	PLC	
								1st	2nd	3rd	1st	2nd	3rd				
Final Results Session 12				W35	-48 -53 -58												New World Record
VAZQUEZ MARFIL Rosa	ESP	w	27.04.1979	46,35	- 48	1,6895	1,096	56	-58	58	68	71	-74	129	238,8683	1.	
TUCKER Angela	USA	w	25.11.1977	47,20	- 48	1,6638	1,122	53	-56	57	68	71	-75	128	238,9483	2.	
QUIGLEY Triona	IRL	w	24.02.1977	46,95	- 48	1,6701	1,122	52	-55	-56	67	-70	-73	119	222,9884	3.	
SCHEIRER Laura	USA	w	01.03.1978	46,50	- 48	1,6862	1,109	46	49	-53	60	64	-67	113	211,3095	4.	
ZEHNER Ulrike	GER	w	27.04.1977	47,90	- 48	1,6422	1,122	40	42	44	50	53	55	99	182,4123	5.	
OLIVA Samuela	ITA	w	26.03.1977	42,75	- 48	1,8221	1,122	40	-42	42	50	55	-57	97	198,3064	6.	
ROSON Stephanie	FRA	w	22.03.1979	45,90	- 48	1,7062	1,096	-35	35	40	45	-50	-50	85	158,9496	7.	
SHATILA Nadia	USA	w	01.12.1978	51,90	- 53	1,5342	1,109	53	57	-60	68	71	75	132	224,5885	1.	
BENCZE Zsanett	HUN	w	27.07.1977	51,45	- 53	1,5440	1,122	50	53	55	62	64	-66	119	206,1518	2.	
HILTON Sarah	GBR	w	20.06.1979	52,60	- 53	1,5177	1,096	-45	45	-47	-58	58	-60	103	171,3301	3.	
MAILER CARREIRA Kerri	RSA	w	17.08.1977	50,85	- 53	1,5591	1,122	40	-44	-47	-57	-58	58	98	171,4324	4.	
PATTE Aurelie	FRA	w	19.11.1981	52,70	- 53	1,5153	1,072	38	41	-44	49	-54	54	95	154,3182	5.	
HARJU Heidi	FIN	w	11.12.1981	57,45	- 58	1,4168	1,072	72	75	77	83	86	88	165	250,6036	1.	
PEREZ CARMONA Josefa	ESP	w	05.01.1977	57,20	- 58	1,4223	1,122	67	70	73	82	85	-90	158	252,1396	2.	
BENEDETTI Anna Lucia	ITA	w	20.10.1980	57,95	- 58	1,4079	1,083	60	-63	-64	77	80	-82	140	213,4658	3.	
HILLIDGE Lauren	RSA	w	04.10.1981	57,00	- 58	1,4260	1,072	60	64	-66	-75	-75	75	139	212,4854	4.	
DAVIS Michelle	GBR	w	13.05.1980	56,80	- 58	1,4298	1,083	52	56	-60	72	74	-78	130	201,3015	5.	
JUNGREITMAYR Sonja	AUT	w	18.09.1978	56,30	- 58	1,4393	1,109	48	52	55	68	72	-75	127	202,7153	6.	
DAY Jennifer	USA	w	24.07.1981	57,20	- 58	1,4223	1,072	47	-50	50	65	68	70	120	182,9647	7.	
MAYHEW Linn	GBR	w	02.08.1979	57,95	- 58	1,4079	1,096	50	-55	-55	-68	-68	68	118	182,0809	8.	
SZUR Pamela	GER	w	03.07.1978	55,50	- 58	1,4550	1,109	43	45	47	53	55	-57	102	164,5867	9.	
COGNARD Albane	FRA	w	08.04.1981	56,30	- 58	1,4393	1,072	47	-50	-50	-55	55	-60	102	157,3788	10.	
RYAN-CAUSER Haylene	GBR	w	28.09.1980	57,20	- 58	1,4223	1,083	48	52	-55	-68	-68	-68	52	80,0982		

Referee 1 : Poul MEIER DEN

Referee 2 : Gerard MORENO FRA

Referee 3 : Wasily ZUBOV RUS

TC : Harold PIJCKE NED



2016 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIPS

Heinsheim / Germany
30th September – 8th October 2016



NAME	NATION	SEX	BORN	BW	WCAT	SINCL	AGEPT	SNATCH			CLEAN & JERK			TOTAL	SINCLAIR	PLC	
								1st	2nd	3rd	1st	2nd	3rd				
Final Results Session 13				W35	-63 -69												New World Record
PERFILEVA Elena	RUS	w	14.01.1978	62,55	-63	1,3346	1,109	68	70	72	89	91	verz	163	241,2516	1.	
SAVOLAINEN Sanna	FIN	w	07.03.1980	62,20	-63	1,3404	1,083	68	-70	72	88	-90	-92	160	232,2645	2.	
KNOUREK Melissa	USA	w	22.04.1978	60,40	-63	1,3677	1,109	61	63	66	-76	76	-80	142	215,3826	3.	
NÜTZEL Nicole	GER	w	16.10.1979	61,70	-63	1,3477	1,096	57	60	62	68	71	74	136	200,8828	4.	
SIMON Viktoria	HUN	w	11.08.1979	60,00	-63	1,3741	1,096	57	60	-62	70	-73	-76	130	195,7818	5.	
JUNGHANS Heike	GER	w	01.02.1980	62,15	-63	1,3404	1,083	54	-57	57	68	-71	-71	125	181,4566	6.	
GUTIERREZ Daisy May	USA	w	16.05.1981	62,00	-63	1,3433	1,072	49	52	54	-66	67	-70	121	174,2421	7.	
DE JONG Michelle	RSA	w	07.05.1981	62,50	-63	1,3360	1,072	43	46	50	54	62	-67	112	160,4055	8.	
HOLAPPA Tuula	FIN	w	20.04.1978	62,30	-63	1,3389	1,109	45	48	-51	60	63	-65	111	164,8172	9.	
JAEGER Jessica	GER	w	27.12.1981	61,20	-63	1,3553	1,072	-44	45	-48	57	-60	60	105	152,5526	10.	
SOSA BERDUGO Damaris	ESP	w	05.03.1981	67,80	-69	1,2682	1,072	73	76	78	-94	94	99	177	240,6334	1.	
WEISMAN Jessica	USA	w	25.10.1978	67,55	-69	1,2705	1,109	-75	-75	75	85	88	91	166	233,8914	2.	
FARRELL Megan	USA	w	03.09.1981	66,55	-69	1,2822	1,072	70	74	-77	89	-91	-91	163	224,0465	3.	
BARTH Antje	GER	w	04.02.1981	68,30	-69	1,2625	1,072	68	71	73	85	-91	-91	158	213,8372	4.	
STORKA Katrin	AUT	w	05.06.1981	68,55	-69	1,2592	1,072	-60	60	-64	70	74	-78	134	180,8816	5.	
HAMMERSHOJ FACIUS Tina	DEN	w	10.11.1980	68,60	-69	1,2592	1,083	53	56	-60	-64	67	-71	123	167,7368	6.	
BECKMANN Katja	GER	w	05.09.1978	66,95	-69	1,2774	1,109	47	52	-56	69	-73	-75	121	171,4130	7.	
BELLON Marianna	ITA	w	07.05.1977	63,15	-69	1,3261	1,122	55	-60	-60	-65	65	-67	120	178,5461	8.	
ZUGZEE Munkhnasan	MGL	w	26.02.1981	65,05	-69	1,3008	1,072	40	-45	47	53	55	58	105	146,4180	9.	
MADDEN Yeva	USA	w	08.02.1980	68,30	-69	1,2625	1,083	44	-46	-46	56	-59	-59	100	136,7287	10.	
WHITE Morgan	USA	w	17.08.1980	66,85	-69	1,2786	1,083	-56	-56	-56	verz	verz	verz	0	0,0000		

Referee 1 : Morteza SEIFSADEH IRI

Referee 2 : Poulaine GRINGER DEN

Referee 3 : Jim FERGUSON GBR

TC : Bastiaan KNOPPERS NED



2016 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIPS

Heinsheim / Germany
30th September – 8th October 2016



NAME	NATION	SEX	BORN	BW	WCAT	SINCL	AGEPT	SNATCH			CLEAN & JERK			TOTAL	SINCLAIR	PLC	
								1st	2nd	3rd	1st	2nd	3rd				
Final Results Session 14				W35	-75	+75											New World Record
BODIS-SZABO Katinka	HUN	w	18.07.1978	74,00	-75	1,2060	1,109	64	68	69	77	-82	83	152	203,2930	1.	
HERMANS Lieke	NED	w	17.02.1977	71,40	-75	1,2302	1,122	63	66	70	80	-84	84	150	207,0427	2.	
ANDERSSON Susanne	SWE	w	27.06.1979	72,15	-75	1,2225	1,096	60	63	63	81	83	88	146	195,6196	3.	
EIBL Kathrin	GER	w	14.06.1979	71,50	-75	1,2292	1,096	63	66	67	74	77	80	143	192,6501	4.	
JUDSON Sharon	GBR	w	01.11.1979	74,75	-75	1,1991	1,096	57	60	63	70	70	75	130	170,8478	5.	
NOURSE Veronika	CZE	w	27.04.1981	71,60	-75	1,2282	1,072	52	55	56	66	-69	70	126	165,8954	6.	
LILLEOKS Marianna	EST	w	21.06.1979	73,60	-75	1,2096	1,096	49	49	53	66	69	73	122	161,7380	7.	
VAN DEN BERG Lotte	NED	w	20.06.1978	70,95	-75	1,2341	1,109	54	56	59	62	-65	65	121	165,6026	8.	
MORENO MORENO Elvira	ESP	w	03.10.1981	71,55	-75	1,2282	1,072	48	52	55	64	69	73	121	159,3123	9.	
GRZONKA Jödis	GER	w	12.12.1978	74,45	-75	1,2016	1,109	45	48	50	60	-63	63	108	143,9180	10.	
PÄRNA Kaisu	FIN	w	25.09.1981	72,80	-75	1,2168	1,072	48	49	49	verz	verz	verz	0	0,0000		
HILDENBRAND Susanne	GER	w	26.06.1981	129,50	ü 75	1,0070	1,072	63	68	75	78	-83	verz	146	157,6076	1.	
WEAVERS Helen	GBR	w	23.08.1979	85,50	ü 75	1,1246	1,096	48	50	52	68	72	75	124	152,8376	2.	
CLAPIER Helene	MON	w	26.03.1979	78,10	ü 75	1,1727	1,096	48	48	50	65	69	71	121	155,5188	3.	
DANICSER Anita Melinda	HUN	w	21.05.1979	91,50	ü 75	1,0944	1,096	50	54	54	61	-65	65	115	137,9382	4.	

Referee 1 : Yvonne MEIER DEN

Referee 2 : Ahmad JANUIS MAL

Referee 3 : Juergen BRAUN GER

TC : Aliessia MILESI ITA