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Íslandsmeistaramótið

19-02-2017
Mosfellsbær

Women - Senior

#	Name	Born	Team	Weight	Snatch			Clean and Jerk			Total	Sinclair
					1	2	3	1	2	3		
58 kg												
1	Sigríður Jónsdóttir	1992 S	LFK	56,35	36,0	39,0	40,0	50,0	55,0	58,0	91,0	128,2
63 kg												
1	Þuríður Erla Helgadóttir	1991 S	ARM	58,80	77,0	81,0	84,0	101,0	106,0	107,0	190,0	260,1
2	Aníta Líf Aradóttir	1988 S	LFR	62,85	70,0	75,0	77,0	95,0	98,0	100,0	177,0	232,3
3	Elísabet Metta Svan Ásgeirsdóttir	1994 U23	LFR	61,00	55,0	63,0	71,0	77,0	82,0	86,0	145,0	193,9
4	Birna Aradóttir	1999 U20	LFR	60,30	62,0	65,0	70,0	72,0	75,0	80,0	140,0	188,5
5	Amalía Ósk Sigurðardóttir	1997 U20	LFK	59,35	53,0	56,0	56,0	65,0	70,0	73,0	129,0	175,5

6	Thelma Hrund Helgadóttir	1997 U20	HEN	62,50	53,0	56,0	57,0	70,0	75,0	77,0	127,0	167,3
7	Hrafnhildur Finnbogadóttir	2000 U17	ARM	62,00	50,0	52,0	56,0	67,0	67,0	70,0	122,0	161,5
8	Sonja Ólafsdóttir	1979 M35	LFM	60,50	45,0	48,0	51,0	50,0	55,0	58,0	103,0	138,4
-	Helena Ingvarsdóttir	1999 U20	LFK	61,35	60,0	60,0	60,0	72,0	-	-	-	-

69 kg

1	Lilja Lind Helgadóttir	1996 U23	LFG	68,85	73,0	76,0	79,0	86,0	90,0	90,0	162,0	201,7
2	Viktoría Rós Guðmundsdóttir	1991 S	LFH	63,95	67,0	67,0	67,0	88,0	92,0	96,0	159,0	206,5

75 kg

1	Soffía Bergsdóttir	1987 S	ARM	70,40	68,0	72,0	72,0	83,0	86,0	89,0	154,0	189,5
2	Birta Hafþórsdóttir	1998 U20	LFH	74,20	70,0	73,0	73,0	80,0	83,0	87,0	153,0	183,2
3	Erna Björk Kristinsdóttir	1988 S	LFR	74,50	60,0	64,0	67,0	78,0	81,0	86,0	148,0	176,9
4	Ásta Ólafsdóttir	1998 U20	LFK	70,95	40,0	45,0	50,0	58,0	64,0	68,0	113,0	138,5
5	Sandra Pawlik	1992 S	LFK	73,95	38,0	40,0	43,0	58,0	61,0	61,0	101,0	121,2
-	Rakel Hlynsdóttir	1993 S	HEN	70,45	65,0	65,0	65,0	80,0	80,0	85,0	-	-

90 kg

1	Sesselja Sigurðardóttir	1990 S	KFA	75,90	60,0	65,0	65,0	75,0	78,0	82,0	138,0	163,5
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Men - Senior

#	Name	Born	Team	Weight	Snatch			Clean and Jerk			Total	Sinclair
					1	2	3	1	2	3		
69 kg												
1	Brynjar Ari Magnússon	2004 U15	LFH	64,00	60,0	65,0	70,0	70,0	75,0	80,0	135,0	188,2
2	Dagur Fannarsson	2001 U17	HEN	67,20	50,0	55,0	57,0	70,0	75,0	78,0	135,0	182,4
3	Róbert Þór Guðmarsson	2001 U17	LFH	62,85	50,0	50,0	60,0	65,0	70,0	75,0	125,0	176,4
77 kg												
1	Einar Ingi Jónsson	1996 U23	LFR	70,60	105,0	112,0	112,0	140,0	147,0	147,0	252,0	330,4

2	Árni Rúnar Baldursson	1995 U23	HEN	73,00	100,0	103,0	106,0	120,0	124,0	127,0	227,0	291,9
3	Guðmundur Jökull Ármannsson	1998 U20	LFH	75,60	73,0	77,0	83,0	93,0	93,0	93,0	170,0	214,3
4	Matthías Björn Gíslason	2001 U17	LFH	75,65	40,0	48,0	53,0	60,0	65,0	72,0	125,0	157,5
-	Carl Johan Nils Malmstrom	1997 U20	LFM	74,35	70,0	70,0	70,0	90,0	90,0	95,0	-	-

85 kg

1	Daníel Róbertsson	1991 S	ARM	81,55	115,0	120,0	120,0	140,0	145,0	145,0	265,0	321,0
2	Arnór Gauti Haraldsson	1998 U20	LFH	82,00	110,0	115,0	120,0	125,0	126,0	130,0	250,0	302,0
3	Orri Bergmann Valtýsson	1996 U23	LFH	80,85	100,0	106,0	110,0	120,0	126,0	130,0	226,0	275,0
4	Sveinn Atli Árnason	1995 U23	LFK	82,65	85,0	90,0	95,0	115,0	120,0	125,0	220,0	264,8
5	Ragnar Ágúst Ragnarsson	1993 S	LFH	80,85	85,0	92,0	100,0	115,0	122,0	122,0	207,0	251,9
6	Veigar Ágúst Hafþórsson	2000 U17	LFH	83,90	70,0	75,0	80,0	90,0	95,0	100,0	180,0	215,0
7	Ægir Birgisson	1966 M50	LFG	82,95	50,0	55,0	60,0	70,0	70,0	75,0	130,0	156,2
-	Stefán Ernir Rossen	1994 U23	FH	82,35	100,0	105,0	110,0	135,0	140,0	140,0	-	-

94 kg

1	Goði Ómarsson	1991 S	LFG	91,55	98,0	103,0	107,0	140,0	151,0	-	258,0	296,3
2	Þórhallur Andri Guðnason	1990 S	KFA	86,05	98,0	103,0	108,0	118,0	123,0	128,0	231,0	272,7
3	Franz Jónas Arnar Arnarson	1993 S	ARM	86,95	90,0	95,0	100,0	115,0	120,0	127,0	227,0	266,7

105 kg

1	Þorsteinn Þórarinnsson	1993 S	LFK	98,60	85,0	91,0	91,0	126,0	135,0	-	226,0	251,9
2	Kristján Hrafn Kristjánsson	1996 U23	ARM	98,25	90,0	95,0	95,0	125,0	125,0	130,0	220,0	245,6
-	Ingólfur Þór Ævarsson	1991 S	KFA	104,60	125,0	130,0	130,0	-	-	-	-	-
-	Ingvi Karl Jónsson	1998 U20	ARM	100,85	85,0	85,0	85,0	95,0	100,0	105,0	-	-

105+ kg

-	Andri Gunnarsson	1983 S	LFG	129,10	150,0	160,0	165,0	-	-	-	-	-
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Records

Age Category	Weight Category	Name	Discipline	Mark
Senior	63 kg (f)	Þuríður Erla Helgadóttir	Snatch	84,00
Senior	63 kg (f)	Þuríður Erla Helgadóttir	Clean and Jerk	106,00
Senior	63 kg (f)	Þuríður Erla Helgadóttir	Total	185,00
Senior	63 kg (f)	Þuríður Erla Helgadóttir	Total	190,00
Masters 45	85 kg (m)	Ægir Birgisson	Snatch	50,00
Masters 50	85 kg (m)	Ægir Birgisson	Snatch	50,00
Masters 45	85 kg (m)	Ægir Birgisson	Snatch	55,00
Masters 50	85 kg (m)	Ægir Birgisson	Snatch	55,00
Masters 45	85 kg (m)	Ægir Birgisson	Snatch	60,00
Masters 50	85 kg (m)	Ægir Birgisson	Snatch	60,00
Masters 45	85 kg (m)	Ægir Birgisson	Clean and Jerk	70,00
Masters 50	85 kg (m)	Ægir Birgisson	Clean and Jerk	70,00
Masters 45	85 kg (m)	Ægir Birgisson	Total	130,00
Masters 50	85 kg (m)	Ægir Birgisson	Total	130,00
Senior	105+ kg (m)	Andri Gunnarsson	Snatch	160,00

Sinclair ranking, Women

#	Name	Team	Gender	Weight	Total	Sinclair
1	Þuríður Erla Helgadóttir	ARM	F	58,80	190,0	260,1
2	Aníta Líf Aradóttir	LFR	F	62,85	177,0	232,3

#	Name	Team	Gender	Weight	Total	Sinclair
3	Viktoría Rós Guðmundsdóttir	LFH	F	63,95	159,0	206,5
4	Lilja Lind Helgadóttir	LFG	F	68,85	162,0	201,7
5	Elísabet Metta Svan Ásgeirsdóttir	LFR	F	61,00	145,0	193,9
6	Soffía Bergsdóttir	ARM	F	70,40	154,0	189,5
7	Birna Aradóttir	LFR	F	60,30	140,0	188,5
8	Birta Hafþórsdóttir	LFH	F	74,20	153,0	183,2
9	Erna Björk Kristinsdóttir	LFR	F	74,50	148,0	176,9
10	Amalía Ósk Sigurðardóttir	LFK	F	59,35	129,0	175,5
11	Thelma Hrund Helgadóttir	HEN	F	62,50	127,0	167,3
12	Sesselja Sigurðardóttir	KFA	F	75,90	138,0	163,5
13	Hrafnhildur Finnbogadóttir	ARM	F	62,00	122,0	161,5
14	Ásta Ólafsdóttir	LFK	F	70,95	113,0	138,5
15	Sonja Ólafsdóttir	LFM	F	60,50	103,0	138,4
16	Sigríður Jónsdóttir	LFK	F	56,35	91,0	128,2
17	Sandra Pawlik	LFK	F	73,95	101,0	121,2
-	Rakel Hlynsdóttir	HEN	F	70,45	-	-
-	Helena Ingvarsdóttir	LFK	F	61,35	-	-

Sinclair ranking, Men

#	Name	Team	Gender	Weight	Total	Sinclair
1	Einar Ingi Jónsson	LFR	M	70,60	252,0	330,4
2	Daníel Róbertsson	ARM	M	81,55	265,0	321,0
3	Arnór Gauti Haraldsson	LFH	M	82,00	250,0	302,0
4	Goði Ómarsson	LFG	M	91,55	258,0	296,3

#	Name	Team	Gender	Weight	Total	Sinclair
5	Árni Rúnar Baldursson	HEN	M	73,00	227,0	291,9
6	Orri Bergmann Valtýsson	LFH	M	80,85	226,0	275,0
7	Þórhallur Andri Guðnason	KFA	M	86,05	231,0	272,7
8	Franz Jónas Arnar Arnarson	ARM	M	86,95	227,0	266,7
9	Sveinn Atli Árnason	LFK	M	82,65	220,0	264,8
10	Þorsteinn Þórarinsson	LFK	M	98,60	226,0	251,9
11	Ragnar Ágúst Ragnarsson	LFH	M	80,85	207,0	251,9
12	Kristján Hrafn Kristjánsson	ARM	M	98,25	220,0	245,6
13	Veigar Ágúst Hafþórsson	LFH	M	83,90	180,0	215,0
14	Guðmundur Jökull Ármannsson	LFH	M	75,60	170,0	214,3
15	Brynjar Ari Magnússon	LFH	M	64,00	135,0	188,2
16	Dagur Fannarsson	HEN	M	67,20	135,0	182,4
17	Róbert Þór Guðmarsson	LFH	M	62,85	125,0	176,4
18	Matthías Björn Gíslason	LFH	M	75,65	125,0	157,5
19	Ægir Birgisson	LFG	M	82,95	130,0	156,2
-	Ingólfur Þór Ævarsson	KFA	M	104,60	-	-
-	Andri Gunnarsson	LFG	M	129,10	-	-
-	Stefán Ernir Rossen	FH	M	82,35	-	-
-	Carl Johan Nils Malmstrom	LFM	M	74,35	-	-
-	Ingvi Karl Jónsson	ARM	M	100,85	-	-

Additional Information

Lyftingafélag Mosfellsbæjar heldur Íslandsmótið 2017, Sunnudaginn 19.Febrúar

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