

NAME		Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos	
						1	2	3	1	2	3	SN	JERK				
Catrin	Jones	HAWFC	115	48	43.45	45	48	51	60	64	67	51	67	118	211.91		1st
Hannah	Powell	HAWFC	145	48	47.15	64	-66	67	-83	83	-85	67	83	150	249.80		Guest
Melanie	Roberts	HAWFC	109	53	50.90	46	50	-52	55	58	-60	50	58	108	168.38		
Tiffany	Brannan	HAWFC	129	58	56.00	55	-60	60	70	75	-80	60	75	135	195.09		2nd
Mari	Shepherd	Breeze	131	58	56.75	-56	-56	-56	68	71	74	-56	74	18	25.75		
Christie	Williams	breeze	150	58	57.50	65	-68	-68	82	86	-88	65	86	151	213.94		1st
												0	0	0	#DIV/0!		

NAME		Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos	
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NAME		Club	AT	cat	B/W	1	2	3	1	2	3	SN	JERK	TOTAL	pts	Pos
Sam	Henderson	HAWFC	186	56	54.30	-80	-80	80	90	-100	-100	80	90	170	271.91	1st
Seth	Casidsid	HAWFC	185	62	60.85	80	-85	-85	95	103	106	80	106	186	272.65	1st
Cieran	Rippin	SA1	200	69	68.10	90	95	-96	107	113	-115	95	113	208	282.19	2nd
Gareth	Evans	HAWFC	240	69	66.10	120	125	-130	150	-159	-160	125	150	275	380.49	1st
Owain	Rowlands	SAW	247	77	76.00	-109	109	111	138	141	-141	111	141	252	319.71	1st
												0	0	0	#DIV/0!	

NAME	Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos
					1	2	3	1	2	3	SN	JERK			

Ania	Negele	SA1	133	63	62.00	60	65	-67	75	-80	-80	65	75	140	188.06		2nd
Stephanie	Owens	HAWFC	165	63	62.90	65	69	-71	83	87	-92	69	87	156	207.53		1st
Penny	Pearson	Pen y bont	140	69	68.15	63	-67	-67	75	-80	-80	63	75	138	174.46		1st
Natasha	Perdue	unatt	180	75	69.25	83	87	-90	105	110	-115	87	110	197	246.68		1st
Lucy	Philips	Willpower	146	75	74.90	65	-68	68	83	-87	-87	68	83	151	180.93		2nd
												0	0	0	#DIV/0!		
												0	0	0	#DIV/0!		

NAME		Club	AT	ca t	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos	
						1	2	3	1	2	3	SN	JERK				
Kyle	Jones	HAWFC	235	85	82.60	91	95	-100	115	121	126	95	126	221	267.96		
Max	Mitcham	Willpower	235	85	83.80	100	-105	-105	-133	133	137	100	137	237	285.25		

<b>Jonathon</b>	<b>Pamment</b>	unatt	254	85	80.90	-114	114	118	134	138	-142	118	138	256	313.79		<b>3rd</b>
<b>Gwilym</b>	<b>Pari</b>	HAWFC	250	85	81.95	115	118	-121	137	142	146	118	146	264	321.41		<b>2nd</b>
<b>Adam</b>	<b>Tossell</b>	unatt	256	85	82.35	0	0	0	0	0	0	0	0	0	0.00		
<b>Phil</b>	<b>Eaton</b>	Willpower	265	85	84.65	-120	-120	122	-142	142	147	122	147	269	322.12		<b>1st</b>
<b>Theo</b>	<b>Morgan</b>	Willpower	255	94	93.20	110	-115	-115	140	145	-150	110	145	255	291.98		<b>2nd</b>
<b>Ryan</b>	<b>Hill</b>	Willpower	260	94	93.20	115	-120	120	-143	-143	-143	120	-143	-23	-26.34		
<b>Alex</b>	<b>Evans</b>	Pen y Bont	270	94	93.65	-123	123	127	149	-158	-158	127	149	276	315.37		<b>1st</b>
<b>Andrew</b>	<b>Riddiford</b>	Breeze	260	105	102.45	107	112	-117	132	-140	-140	112	132	244	269.02		<b>2nd</b>
<b>Rhodri</b>	<b>West</b>	unatt	280	105	100.80	123	-128	-128	152	-165	-170	123	152	275	305.04		<b>1st</b>
<b>Darius</b>	<b>Jokarzadeh</b>	unatt	361	105+	127.20	155	162	-165	180	-191	191	162	191	353	365.34		<b>1st</b>