

ZAVRŠNI BILTEN I IZVJEŠTAJ SA TAKMIČENJA



3. BALKANSKI PROMOTIVNI KUP
3rd BALKAN PROMOTION CUP



FINAL BULETTIN AND COMPETITION REPORT

**ORGANIZATOR
3. BALKANSKOG
PROMOTIVNOG KUPA:**

**3rd BALKAN PROMOTION CUP
IS ORGANIZED BY:**

**SAVEZ ZA DIZANJE TEGOVA
BOSNE I HERCEGOVINE**

**WEIGHTLIFTING FEDERATION
OF BOSNIA AND HERZEGOVINA**

**Maršala Tita 9a
71000 Sarajevo
Bosna i Hercegovina**

**Maršala Tita 9a
71000 Sarajevo
Bosnia and Herzegovina**

e-mail:sdtbih@isaneh.com

e-mail:sdtbih@isaneh.com

**ORGANIZACIONI KOMITET
COMMITTEE**

ORGANIZING

Predsjednik Organizacionog Komiteta

President of the Organizing Committee

dr. sci. Nedžad Branković

Zamjenik predsjednika Organizacionog Komiteta

Vice-President of the Organizing Committee

Hajrudin Hajdar, dipl. ing.

Generalni Sekretar Organizacionog Komiteta

**General Secretary of the Organizing
Committee**

Hošo Kemal, dipl. ing. arh.

Tehnički Sekretar Organizacionog Komiteta

Secretary of the Organizing Committee

Amir Zukanović, dipl. el. ing.

Članovi Organizacionog Komiteta

Members of the Organizing Committee

Timur Numić, dipl. ing.

Salko Muratović, prof.

Dr Željko Ler

Omer Stambolić, dipl. ing.

Mustafa Demir, prof.

dr. sci. Alija Behmen

mr.sci Emir Silajdžić

Nedim Mašić, dipl. el. ing.

Bilten i izvještaje napravio

Bulletin and reports made by

Nedim Mašić, dipl. el. ing.

3. BALKANSKI PROMOTIVNI KUP
TEHNIČKA KONFERENCIJA
SARAJEVO, 14. NOVEMBAR 2008, HOTEL ALEM.

DNEVNI RED

1. UVODNA RIJEČ (Hajrudin Hajdar, Kemal Hošo, Nedim Mašić)
2. VERIFIKACIJA DELEGACIJA
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3rd BALKAN PROMOTION CUP
TECHNICAL CONFERENCE
SARAJEVO, NOVEMBER, 14th 2008, HOTEL ALEM.

AGENDA

1. INTRODUCTION (Hajrudin Hajdar, Kemal Hošo, Nedim Mašić)
2. VERIFICATION OF DELEGATIONS
3. CHAMPIONSHIPS ORGANIZATION
4. DRAWING LOTS
5. NOMINATION OF JURY, REFEREE, COMPETITION SECRETARY
6. NOMINATION OF COMPETITORS

1. **UVODNA RIJEČ INTRODUCTION**

Uvodnu riječ su održali: (Hajrudin Hajdar, Kemal Hošo i Nedim Mašić)

Introduction was given by (Hajrudin Hajdar, Kemal Hošo and Nedim Mašić)

2. **VERIFIKACIJA DELEGATA VERIFICATION OF DELEGATIONS**

ZEMLJE UČESNICE NA TAKMIČENJU

COUNTRY PARTICIPANTS

| ALBANIJA ALBANIA | RUMUNIJA ROMANIA | SRBIJA SERBIA | BOSNA I HERCEGOVINA BOSNIA AND HERZEGOVINA |
|---|---|---|--|
|  |  |  |  |

Lista delegata

List of the delegates

| ALBANIJA | RUMUNIJA | SRBIJA | BOSNA I HERCEGOVINA |
|--|---|---|---|
| ALBANIA | ROMANIA | SERBIA | BOSNIA AND HERZEGOVINA |
| Rukovodilac, Head of the delegation: Ibir Kraja | Rukovodilac, Head of the delegation: Milan Costica | Rukovodilac, Head of the delegation: Miodrag Jovanović | Rukovodilac, Head of the delegation: Hajrudin Hajdar |

3. ORGANIZACIJA TAKMIČENJA

CHAMPIONSHIPS ORGANIZATION

• PROGRAM TAKMIČENJA

PROGRAMME OF THE COMPETITION

| <u>Time table and Schedule</u> | | <u>Raspored aktivnosti i raspored po grupama</u> | |
|---------------------------------------|-------------------------------|---|---|
| 9:00 – 12:00 | Tour of the Old Town Sarajevo | 9:00 – 12:00 | Obilazak Sarajeva |
| 12:00 – 13:30 | Nap and lunch | 12:00 – 13:30 | Odmor i ručak |
| 13:30 | Departure to KSC Skenderija | 13:30 | polazak u KSC Skenderija |
| 4:15 – 15:00 | Weigh-In women (female) | 4:15 – 15:00 | Vaganje žene |
| 15:00 – 16:00 | Weigh-In man (mail) | 15:00 – 16:00 | Vaganje muški |
| 16:00 – 16:15 | Open Ceremony | 16:00 – 16:15 | Otvaranje |
| 16:15 | Competition women | 16:15 | Takmičenje žene |
| | Presentation women | | predstavljanje žene |
| | 10 minut Break (for warm up) | | 10 minuta pauze (nastup dječaka) |
| 16:25 | snatch women | 16:25 | trzaj žene |
| | Break 5 minut | | pauza 5 minuta |
| | clean&jerk women | | izbačaj žene |
| 17:00 or later | Competition men group B | 17:00 ili kasnije | Takmičenje muškarci grupa B |
| | Presentation men group B | | predstavljanje muškarci grupa B |
| | 10 minut Break (for warm up) | | pauza 10 minuta |
| | snatch men group B | | trzaj muškarci grupa B |
| | Break 5 minut | | pauza 5 minuta |
| | clean&jerk men group A | | izbačaj muškarci grupa B |
| 18:00 or later | Competition men group A | 18:00 ili kasnije | Takmičenje muškarci grupa A |
| | Presentation men group A | | predstavljanje muškarci grupa B |
| | 10 minut Break (for warm up) | | pauza 10 minuta |
| | snatch men group A | | trzaj muškarci grupa A |
| | Break 5 minut | | pauza 5 minuta |
| | clean&jerk men group A | | izbačaj muškarci grupa A |
| 19:00 or later | Break - Calculation | 19:00 ili kasnije | Pauza radi proračuna rezultata |
| | Victory Ceremony | | Proglašenje najuspješnijih |
| | Team Victory Ceremony | | takmičarki i takmičara, |
| | Closing Ceremony | | Proglašenje najuspješnijih ekipa |
| | | | Završetak takmičenja i podjela završnih biltena |

Učesnici:

| Ekipa | Žene | Muški |
|--------------------------|--------------------------|-----------|
| Albanija | 1 | 3 |
| Rumunija | 1 | 3 |
| Srbija | 1 + 1 (Van konkurencije) | 3 |
| BiH 1 | 1 | 3 |
| BIH 2 (Van konkurencije) | 1 | 3 |
| Ukupno | 6 | 15 |

Raspored po grupama:

Žene posebna grupa 6 učesnika (grupa F)

Muški:

| Ekipa | Mlađi juniori | Stariji Juniori | Seniori |
|----------|---------------|-----------------|---------|
| Albanija | B | A | A |
| Rumunija | B | A | A |
| Srbija | B | A | A |
| BiH 1 | B | A | A |
| BIH 2 | B | B | B |

Odnosno U B grupi 7 takmičara, u A grupi 8 takmičara

U B grupi su locirani svi mlađi juniori i kompletna ekipa 2 BiH

U A grupi su locirani svi stariji juniori i svi seniori za Albaniju, Rumuniju, Srbiju i BiH1)

Competitors:

| Team | Women | Man |
|--------------|-------------|-----------|
| Albania | 1 | 3 |
| Romania | 1 | 3 |
| Serbia | 1 + 1 (o.c) | 3 |
| BiH 1 | 1 | 3 |
| BIH 2 (o.c) | 1 | 3 |
| Total | 6 | 15 |

Group schedule:

Woman group 6 ladies (group F)

Man:

| Team | Youth | Junior | Senior |
|---------|-------|--------|--------|
| Albania | B | A | A |
| Romania | B | A | A |
| Serbia | B | A | A |
| BiH 1 | B | A | A |
| BIH 2 | B | B | B |

In B group 7 competitors, in A group 8 competitors

In B group all youths and complete Team 2 BiH

In A group all junior and all senior for Albania, Romania, Serbia and BiH1)

4. NOMINACIJA SLUŽBENIH LICA NOMINATION OF OFFICIALS

ŽIRI JURY

| | | |
|------------------|-----------------------|-----|
| Sadikovi Ahmed | Int. Referee 1. class | BIH |
| Jovanovi Miodrag | Int. Referee 1. class | SER |
| Romani Sreten | Int. Referee 2. class | SER |

SUDIJE REFEREES

| | | |
|-----------------------|------------------------------|-----|
| Zeli Laj o | Int. Referee 2. class | SER |
| Karajovanovi Slobodan | Int. Referee 2. class | BIH |
| Maši Nedim | Int. Referee 2. class (exam) | BIH |

Isanovi Vahid

Miši Elmir

Timekeeper
Competition
Secretary

5. NOMINACIJA TAKMIČARA

Sastav ekipa: 1 žena, 1 mlađi junior (mladi)
1 junior i 1 senior

Lista takmičara**NOMINATION OF COMPETITORS**

Teams consist of: 1 female, 1 youth
1 junior and 1 senior

List of the competitors:

| ALBANIJA ALBANIA | RUMUNIJA ROMANIA | SRBIJA SERBIA | BOSNA I HERCEGOVINA BOSNIA AND HERZEGOVINA |
|---------------------------|-----------------------------|-----------------------------|---|
| ŽENE - FEMALE | | | |
| Sherjana Ruci 1993 | Cistelecan Armina 1988 | Vukas Silvana 1985 | Lizde Almira 1982 |
| MLADI - YOUTH | | | |
| Arduen Hoxha 1992 | Suiugan Darius 1993 | Kužić Nenad 1991 | Brkić Edis 1991 |
| JUNIORI - JUNIOR | | | |
| Daniel Godelli 1991 | Ciofu Mihai 1990 | Lukač Jozef 1990 | Andelić Zoran 1989 |
| SENIORI-SENIOR | | | |
| Felis Ibrahimaj * 1989 | Cazacu Vasile Sorin 1973 | Jakovljević Veselin 1977 | Begić Nermin 1977 |

*Felis Ibrahimaj je, po godištu junior, i to je predloženo na tehničkoj konferenciji, ali mu je dopušten nastup u seniorima

*Felis Ibrahimaj is junior (according the birth year). That fact was discussed on technical conference, but he is leaved in senior group.

VAN KONKURENCIJE OUT OF COMPETITION

| BOSNA I HERCEGOVINA BOSNIA AND HERZEGOVINA | | | |
|---|------------------------|--------------------------|------------------------|
| ŽENE FEMAIL | MLADI YOUTH | JUNIOR JUNIOR | SENIOR SENIOR |
| Gujčić Monika 1994 | Mujanović Dino 1993 | Fazlibašić Elvis 1988 | Karkelja Almir 1974 |
| SRBIJA SERBIA | | | |
| ŽENE FEMAIL | MLADI YOUTH | JUNIOR JUNIOR | SENIOR SENIOR |
| Kankaraš Gorica 1980 | - | - | - |

COMPETITION REPORT**COMPETITION REPORT –MIXED TEAM PLASMAN**

| NATION | POINTS | RANK |
|------------------------|---------|------|
| SERBIA | 1198,38 | 1 |
| ALBANIA | 1072,70 | 2 |
| ROMANIA | 1039,57 | 3 |
| BOSNIA AND HERZEGOVINA | 840,64 | 4 |

WEIGHTLIFTING FEDERATION
OF BOSNIA AND HERZEGOVINA



COMPETITION REPORT
FEMALE, YOUTH, JUNIOR AND SENIOR
PLASMAN



Balkan Promotion Cup

Sarajevo, November, 15th, 2008

| No | LOT No | FAMILY NAME AND NAME | COUNTRY CODE | BIRTH YEAR | SEX (m:f) | BODY WEIGHT (kg) | SNATCH (kg) | | | | | CLEAN AND JERK (kg) | | | | | TOTAL (kg) | POINTS | PLA CE | | | | | | | | |
|--------|--------|----------------------|--------------|------------|-----------|------------------|-------------|----|-----|-----|--------|---------------------|--------|--------|-----|-----|------------|--------|--------|--------|--------|--------|------|--------|--------|--------|---|
| | | | | | | | 1. | 2. | 3. | max | POINTS | RANK | 1. | 2. | 3. | max | | | | POINTS | RANK | | | | | | |
| FEMALE | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | 1 | Vukas Silvana | SER | 1985 | f | 62,40 | 78 | x | 80 | 82 | 82,00 | 97,30 | 1 | 100 | 103 | 105 | x | 103,00 | 122,22 | 1 | 185 | 219,52 | 1 | | | | |
| 2 | 6 | Sherjana Ruci | ALB | 1993 | f | 62,00 | 74 | | 79 | x | 80 | x | 74,00 | 88,16 | 3 | 93 | 97 | 99 | x | 97,00 | 115,57 | 2 | 171 | 203,73 | 2 | | |
| 3 | 5 | Lizde Almira | BIH | 1982 | f | 72,20 | 80 | | 85 | | 90 | x | 85,00 | 93,19 | 2 | 95 | x | 95 | x | 95 | 95,00 | 104,16 | 3 | 180 | 197,35 | 3 | |
| 4 | 4 | Cistelecan Armina | ROU | 1988 | f | 62,35 | 60 | | 65 | x | 65 | | 65,00 | 77,13 | 4 | 75 | 80 | x | 80 | x | 75,00 | 89,00 | 4 | 140 | 166,12 | 4 | |
| 5 | 2 | Kankaraš Gorica | SER | 1980 | f | 56,40 | 68 | | 70 | x | 72 | x | 68,00 | 86,46 | o.c | 78 | 82 | x | 82 | x | 78,00 | 99,18 | o.c | 146 | 185,64 | o.c. | |
| 6 | 3 | Guji Monika | BIH2 | 1994 | f | 68,25 | 60 | | 67 | x | 67 | | 67,00 | 75,49 | o.c | 81 | x | 81 | x | 81 | 81,00 | 91,26 | o.c | 148 | 166,75 | o.c. | |
| YOUTH | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 | 7 | Arduen Hoxha | ALB | 1992 | m | 58,15 | 92 | | 96 | | 98 | | 98,00 | 148,14 | 1 | 110 | 116 | 118 | x | 116,00 | 175,35 | 1 | 214 | 323,48 | 1 | | |
| 8 | 21 | Kuži Nenad | SER | 1991 | m | 87,80 | 100 | x | 100 | | 105 | | 105,00 | 122,60 | 2 | 130 | 135 | 140 | x | 135,00 | 157,63 | 2 | 240 | 280,22 | 2 | | |
| 9 | 15 | Suiugan Darius | ROU | 1993 | m | 55,80 | 60 | | 65 | | 70 | x | 65,00 | 101,60 | 4 | 80 | 85 | x | 87 | | 87,00 | 135,98 | 3 | 152 | 237,58 | 3 | |
| 10 | 9 | Brki Edis | BIH | 1991 | m | 65,20 | 70 | x | 70 | | 75 | | 75,00 | 104,27 | 3 | 80 | x | 85 | x | 90 | x | 0,00 | 0,00 | 4 | 75 | 104,27 | 4 |
| 11 | 12 | Mujanovi Dino | BIH | 1993 | m | 56,90 | 60 | x | 60 | | 67 | x | 60,00 | 92,32 | o.c | 75 | 80 | 83 | x | 80,00 | 123,10 | o.c | 140 | 215,42 | o.c. | | |
| JUNIOR | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12 | 10 | Daniel Godelli | ALB | 1991 | m | 68,75 | 123 | | 127 | | 130 | | 130,00 | 174,28 | 1 | 153 | 158 | 163 | x | 158,00 | 211,81 | 1 | 288 | 386,09 | 1 | | |
| 13 | 17 | Luka Jozef | SER | 1990 | m | 78,05 | 110 | | 115 | | 120 | x | 115,00 | 142,70 | 2 | 140 | 150 | 153 | x | 150,00 | 186,14 | 2 | 265 | 328,84 | 2 | | |
| 14 | 14 | Ciofu Mihai | ROU | 1990 | m | 108,45 | 100 | | 110 | | 115 | | 115,00 | 123,38 | 3 | 130 | 135 | 140 | x | 135,00 | 144,84 | 3 | 250 | 268,23 | 3 | | |
| 15 | 13 | An eli Zoran | BIH | 1989 | m | 67,70 | 72 | | 77 | | 80 | | 80,00 | 108,40 | 4 | 95 | 100 | x | 100 | | 100,00 | 135,50 | 4 | 180 | 243,90 | 4 | |
| 16 | 11 | Fazlibaši Elvis | BIH | 1988 | m | 74,95 | 75 | | 80 | | 85 | | 85,00 | 107,97 | o.c | 95 | 100 | 105 | x | 100,00 | 127,02 | o.c | 185 | 234,99 | o.c. | | |
| SENIOR | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17 | 18 | Jakovljevi Veselin | SER | 1977 | m | 128,30 | 160 | | 165 | | 170 | | 170,00 | 174,62 | 1 | 180 | 190 | 200 | x | 190,00 | 195,17 | 2 | 360 | 369,79 | 1 | | |
| 18 | 20 | Cazacu Vasile Sorin | ROU | 1973 | m | 116,60 | 140 | | 150 | | 155 | | 155,00 | 162,81 | 2 | 185 | 195 | 205 | x | 195,00 | 204,83 | 1 | 350 | 367,64 | 2 | | |
| 19 | 8 | Begi Nermin | BIH | 1977 | m | 98,25 | 110 | x | 120 | x | 120 | | 120,00 | 133,38 | 4 | 140 | 145 | 150 | x | 145,00 | 161,17 | 3 | 265 | 294,55 | 3 | | |
| 20 | 16 | Felis Ibrahimaj | ALB | 1989 | m | 79,75 | 122 | | 127 | x | 130 | | 130,00 | 159,39 | 3 | 152 | x | 153 | x | 153 | x | 0,00 | 0,00 | 4 | 130 | 159,39 | 4 |
| 21 | 19 | Karkelja Almir | BIH | 1974 | m | 94,10 | 110 | x | 110 | | 117 | | 117,00 | 132,40 | o.c | 130 | 140 | x | 140 | | 140,00 | 158,42 | o.c | 257 | 290,82 | o.c. | |



| | No | FAMILY NAME AND NAME | COUNTRY CODE | BIRTH YEAR | SEX (m:f) | BODY WEIGHT (kg) | SNATCH (kg) | | CLEAN AND JERK (kg) | | TOTAL (kg) | POINTS | Sinclair Faktor |
|---------|----|----------------------|-----------------|--------------------------------|--------------|---------------------|-------------|----------|---------------------|----------|---------------|----------|--------------------|
| | | | | | | | max | POINTS | max | POINTS | | | |
| ALBANIA | 1 | Sherjana Ruci | ALB | 1993 | f | 62 | 74 | 88,1636 | 97 | 115,5658 | 171 | 203,7294 | 2 |
| | 2 | Arduen Hoxha | ALB | 1992 | m | 58,15 | 98 | 148,1368 | 116 | 175,3456 | 214 | 323,4824 | |
| | 3 | Daniel Godelli | ALB | 1991 | m | 68,75 | 130 | 174,278 | 158 | 211,8148 | 288 | 386,0928 | |
| | 4 | Felis Ibrahimaj | ALB | 1989 | m | 79,75 | 130 | 159,393 | 0 | 0 | 130 | 159,393 | |
| | T | Total Albania | ALB | TOTAL ALBANIA | | | | | | | | | |
| BIH | 1 | Lizde Almira | BIH | 1982 | f | 72,2 | 85 | 93,194 | 95 | 104,158 | 180 | 197,352 | 4 |
| | 2 | Brki Edis | BIH | 1991 | m | 65,2 | 75 | 104,265 | 0 | 0 | 75 | 104,265 | |
| | 3 | An eli Zoran | BIH | 1989 | m | 67,7 | 80 | 108,4 | 100 | 135,5 | 180 | 243,9 | |
| | 4 | Begi Nermin | BIH | 1977 | m | 98,25 | 120 | 133,38 | 145 | 161,1675 | 265 | 294,5475 | |
| | T | TOTAL BOSNIA | BIH | TOTAL BOSNIA AND HERZEGOVINA | | | | | | | | | |
| ROMANIA | 1 | Cistelean Armina | ROU | 1988 | f | 62,35 | 65 | 77,129 | 75 | 88,995 | 140 | 166,124 | 3 |
| | 2 | Suiugan Darius | ROU | 1993 | m | 55,8 | 65 | 101,595 | 87 | 135,981 | 152 | 237,576 | |
| | 3 | Ciofu Mihai | ROU | 1990 | m | 108,45 | 115 | 123,3835 | 135 | 144,8415 | 250 | 268,225 | |
| | 4 | Cazacu Vasile Sorin | ROU | 1973 | m | 116,6 | 155 | 162,812 | 195 | 204,828 | 350 | 367,64 | |
| | T | TOTAL ROMANIA | ROU | TOTAL ROMANIA | | | | | | | | | |
| SERBIA | 1 | Vukas Silvana | SER | 1985 | f | 62,4 | 82 | 97,3012 | 103 | 122,2198 | 185 | 219,521 | 1 |
| | 2 | Kuži Nenad | SER | 1991 | m | 87,8 | 105 | 122,598 | 135 | 157,626 | 240 | 280,224 | |
| | 3 | Luka Jozef | SER | 1990 | m | 78,05 | 115 | 142,7035 | 150 | 186,135 | 265 | 328,8385 | |
| | 4 | Jakovljevi Veselin | SER | 1977 | m | 128,3 | 170 | 174,624 | 190 | 195,168 | 360 | 369,792 | |
| | T | TOTAL SERBIA | SER | TOTAL SERBIA | | | | | | | | | |
| BIH 2 | 1 | Guji Monika | BIH | 1994 | f | 68,25 | 67 | 75,4889 | 81 | 91,2627 | 148 | 166,7516 | o.c |
| | 2 | Mujanovi Dino | BIH | 1993 | m | 56,9 | 60 | 92,322 | 80 | 123,096 | 140 | 215,418 | |
| | 3 | Fazlibaši Elvis | BIH | 1988 | m | 74,95 | 85 | 107,967 | 100 | 127,02 | 185 | 234,987 | |
| | 4 | Karkelja Almir | BIH | 1974 | m | 94,1 | 117 | 132,3972 | 140 | 158,424 | 257 | 290,8212 | |
| | T | TOTAL BOSNIA 2 | BIH | TOTAL BOSNIA AND HERZEGOVINA 2 | | | | | | | | | |

