



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

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## SCORESHEET

Competition: \_\_\_\_\_

Date: \_\_\_\_\_

Group: \_\_\_\_\_

Location: \_\_\_\_\_

Sanction #: \_\_\_\_\_

Lot No.	Gndr	Member ID	Div	Wt Class	Name	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	Points	Sinclair
									1	2	3		1	2	3					
2	F		Sr	58	Sandra Insteffjord Trædal	1992	Tambarskjelvar	56,00	-58	58	60	60	73	76	79	79	139	1		200.8705
3	F		Sr	63	Þuriður Erla Helgadóttir	1991	Ármann	60,00	70	-75	-75	70	87	90	93	93	163	1		223.973
4	F		Sr	63	Björk Óðinsdóttir	1988	Lyftingafélag Reykjavíkur	61,00	70	73	-75	73	85	90	-94	90	163	2		221.4062
1	F		Sr	63	Anna Hulda Ólafsdóttir	1984	Lyftingafélag Reykjavíkur	60,00	71	-76	-76	71	87	90	-93	90	161	3		221.2249
7	F		Sr	69	Annie Mist Þórisdóttir	1989	Lyftingafélag Reykjavíkur	67,25	-70	70	75	75	88	92	95	95	170	1		216.667
5	F		Sr	69	Katrín Tanja Davísdóttir	1993	Ármann	67,00	74	78	-81	78	86	-89	-90	86	164	2		209.5003
6	F		Sr	69	Ragnheiður S. Sigmundsdóttir	1992	Massi	68,00	62	67	71	71	85	-90	91	91	162	3		205.0775
8	F		Sr	69	Birgit Rós Becker	1989	Lyftingafélag Reykjavíkur	67,95	60	-63	-63	60	80	-83	85	85	145	4		183.6389
9	F		Sr	75	Hildur Grétarsdóttir	1985	Lyftingafélag Garðabæjar	73,20	62	65	-67	65	75	-80	80	80	145	1		175.9093
10	F		Jr	75+	Lilja Lind Grétarsdóttir	1996	Lyftingafélag Garðabæjar	77,85	70	-76	80	80	88	93	96	96	176	1		206.7265

Referee

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